



L'Institut Valencià d'Investigació Cooperativa  
en Física Avançada



organizes

*Friday's miniWorkshops*

Friday  
mini WORKSHOP **9 nov**

# Medical Physics

and some related fields

HOSPITAL LA FE DE VALENCIA  
UNIVERSITARI I POLITÈCNIC

## Biomarkers for Medical Imaging



Luis Martí-Bonmatí  
Luis.Marti@uv.es



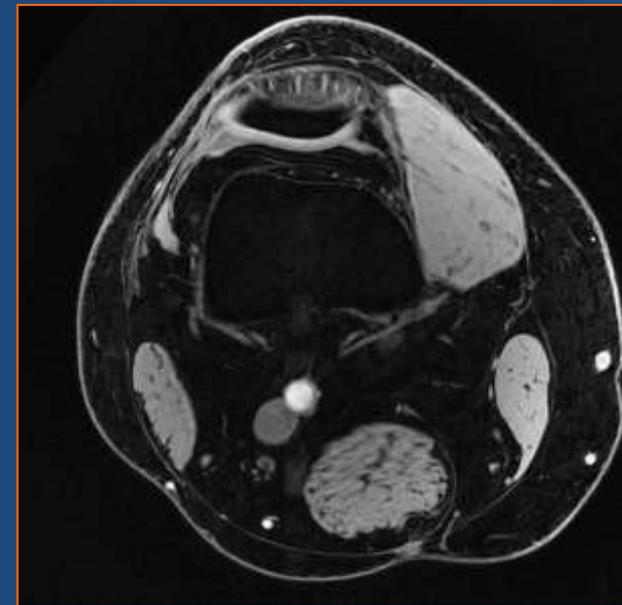
LaFe  
Hospital Universitari i Politècnic

Medical Imaging Area

# Medical Imaging

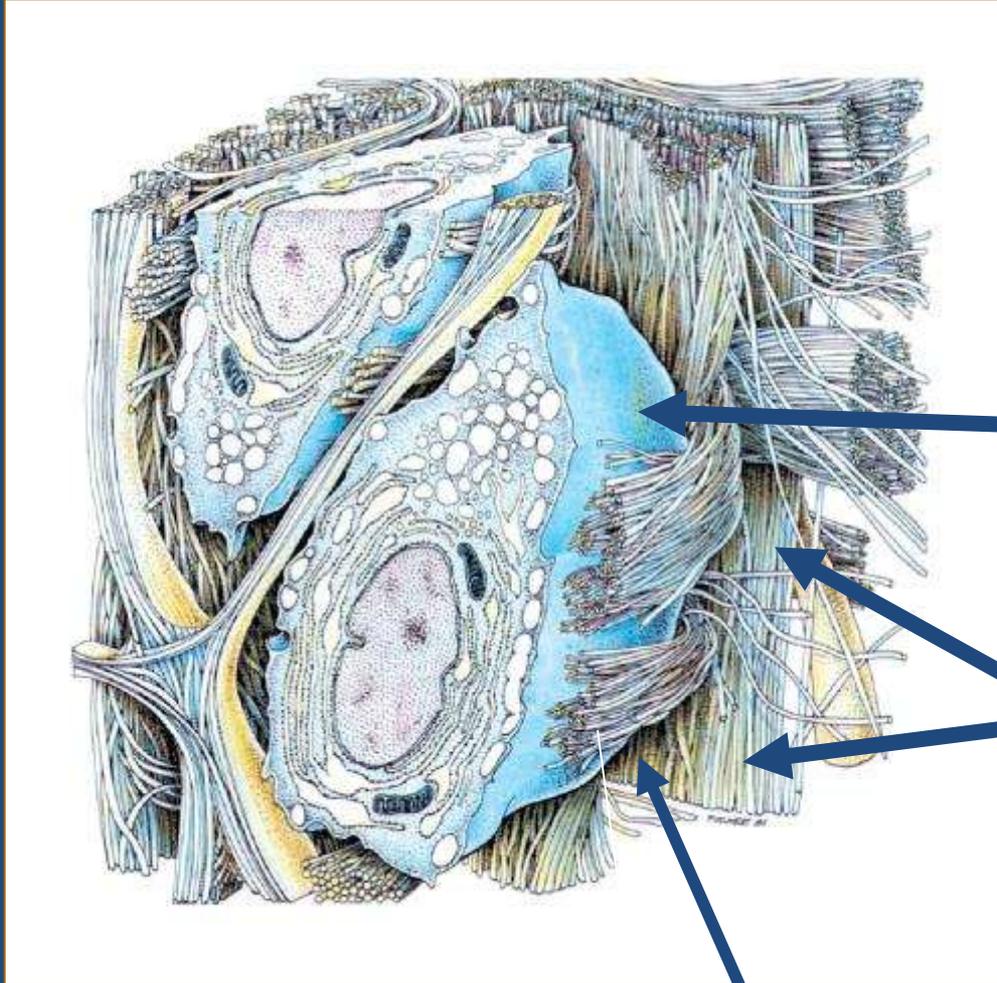
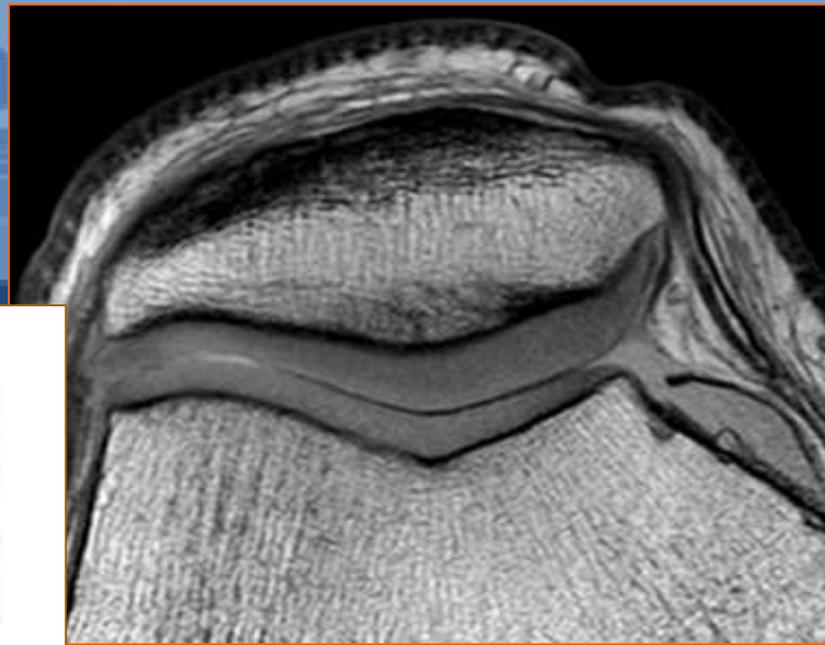
Innovación y experiencia al servicio del paciente

- Medical Imaging is a key tool in diagnosis, treatment monitoring and prediction of therapeutic response of the disease. It is also a fundamental tool for guiding many minimally invasive therapeutic procedures.
- Traditional radiological diagnosis is based on the integration and qualitative assessment of imaging findings obtained from conventional radiography, ultrasound, CT and MRI.
- With the advent of digital environments, images are no longer considered just a final product for the diagnosis but sometimes an intermediate product from which different information, apart from qualitative or visual, can be extracted.
- Technology and engineering have changed the approach to obtain information from medical imaging. The knowledge of the biological basis of the disease has also boosted the use of these new parameters, known as biomarkers.



GENERALITAT VALENCIANA LaFe

# Joint Cartilage



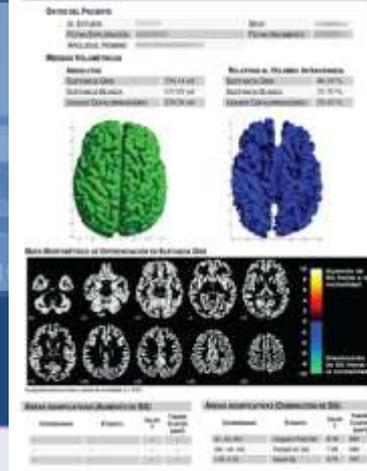
Chondrocytes

Free collagen fibers,  
proteoglycans and  
glycosaminoglycans

**Structure, Function and  
Composition**

Collagen fibers around the chondrocytes

# Learning Objectives



## Definition

- To understand what are imaging biomarkers and how can they improve diagnosis and treatment follow-up

## Types

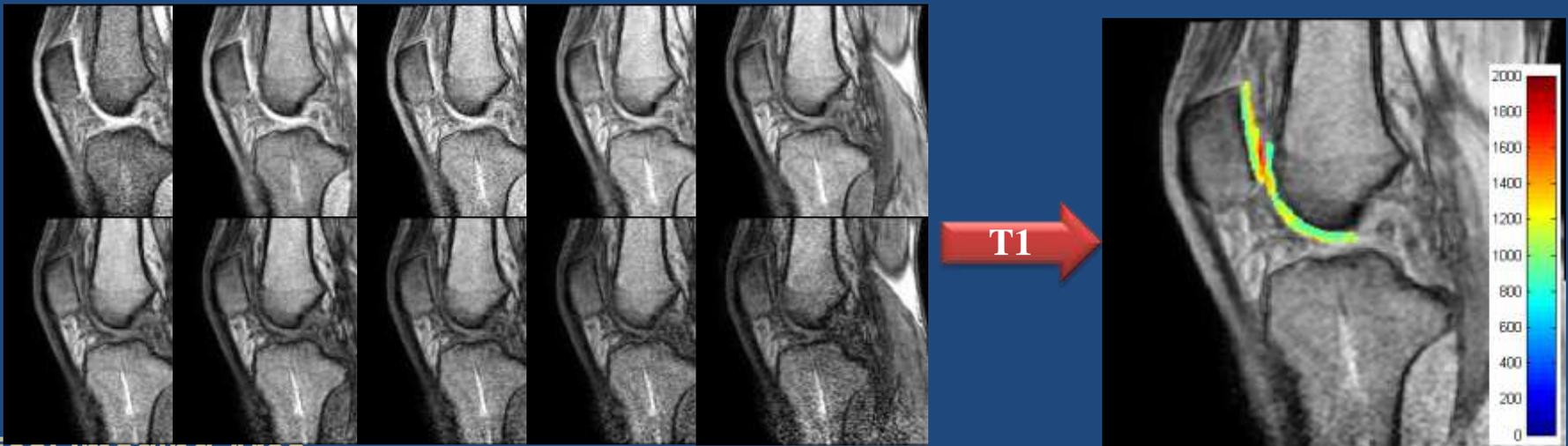
- To describe the different types of biomarkers

## Development

- To analyze the process of biomarkers development, including validation, qualification and standardization

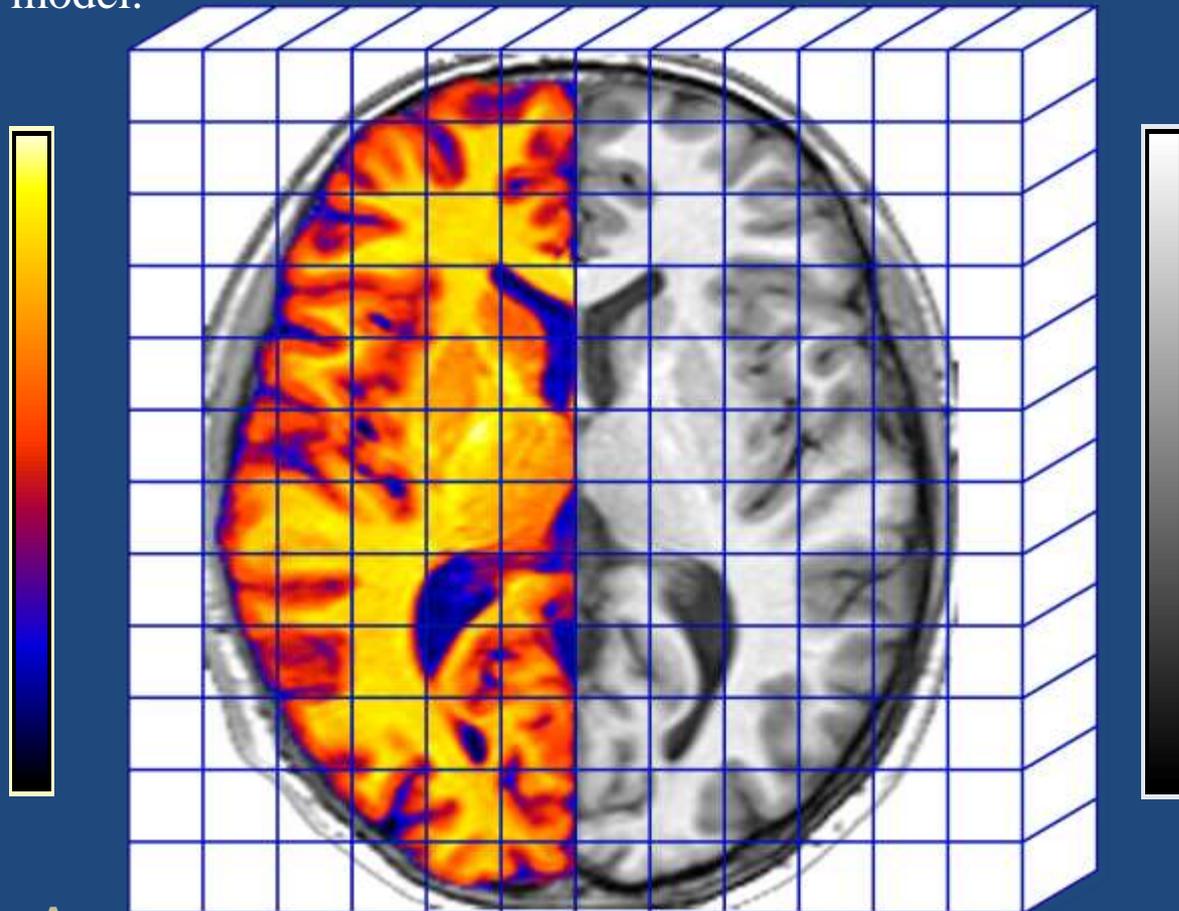
# What are biomarkers?

- Any characteristic of a tissue that can be objectively measured and that represents a parameter of its biological, functional or structural organization.
- An imaging biomarker is any parameter obtained with standard and advanced techniques to explore, quantify and represent a tissue specific property.
- These properties are hidden parameters (structural, physiological, functional, cellular, biochemical) that can be extracted after applying to the acquired images different computational models and specific statistical processing.
- The parametric maps represent the spatial distribution in the analysed tissue. In these synthetic images, the pixel signal is proportional to the magnitude of the biomarker or change.



# Parametric Image

Derived secondary images which pixels represent the distribution values of a given parameter (morphological or functional) usually obtained by the numerical adjustment of a mathematical model.



# *Types of imaging biomarkers: cancer treatment*

Innovación y experiencia al servicio del paciente

- Different anatomical, functional and molecular tumour characteristics can be used as imaging biomarkers.
- In cancer treatment, CT and MRI measurements of changes in tumour size are the base of the RECIST (Response Evaluation Criteria in Solid Tumours) criteria.
- RECIST-based markers are unable to depict early tumor response.
- RECIST-based markers are suboptimal to assess the effect of some targeted treatments that do not cause regression of tumour volume, but rather increase in the extent of tumour necrosis.

# *Types of imaging biomarkers: cancer treatment*

Innovación y experiencia al servicio del paciente

- Functional biomarkers obtained with several imaging methods have the potential to complement or even replace the RECIST criteria (tumour perfusion, oxygen level, glucose metabolism).
- Relative to molecular biomarkers, which are target-specific, functional biomarkers have the advantage of probing general capabilities of disease, such as cell death, proliferation, glycolysis, hypoxia, tumour invasiveness, angiogenesis, lymphangiogenesis, inflammation and fibrosis.
- Important efforts of qualification and standardization remain to be done before the acceptance of some of these functional biomarkers as surrogate endpoints.

# *Types of imaging biomarkers*

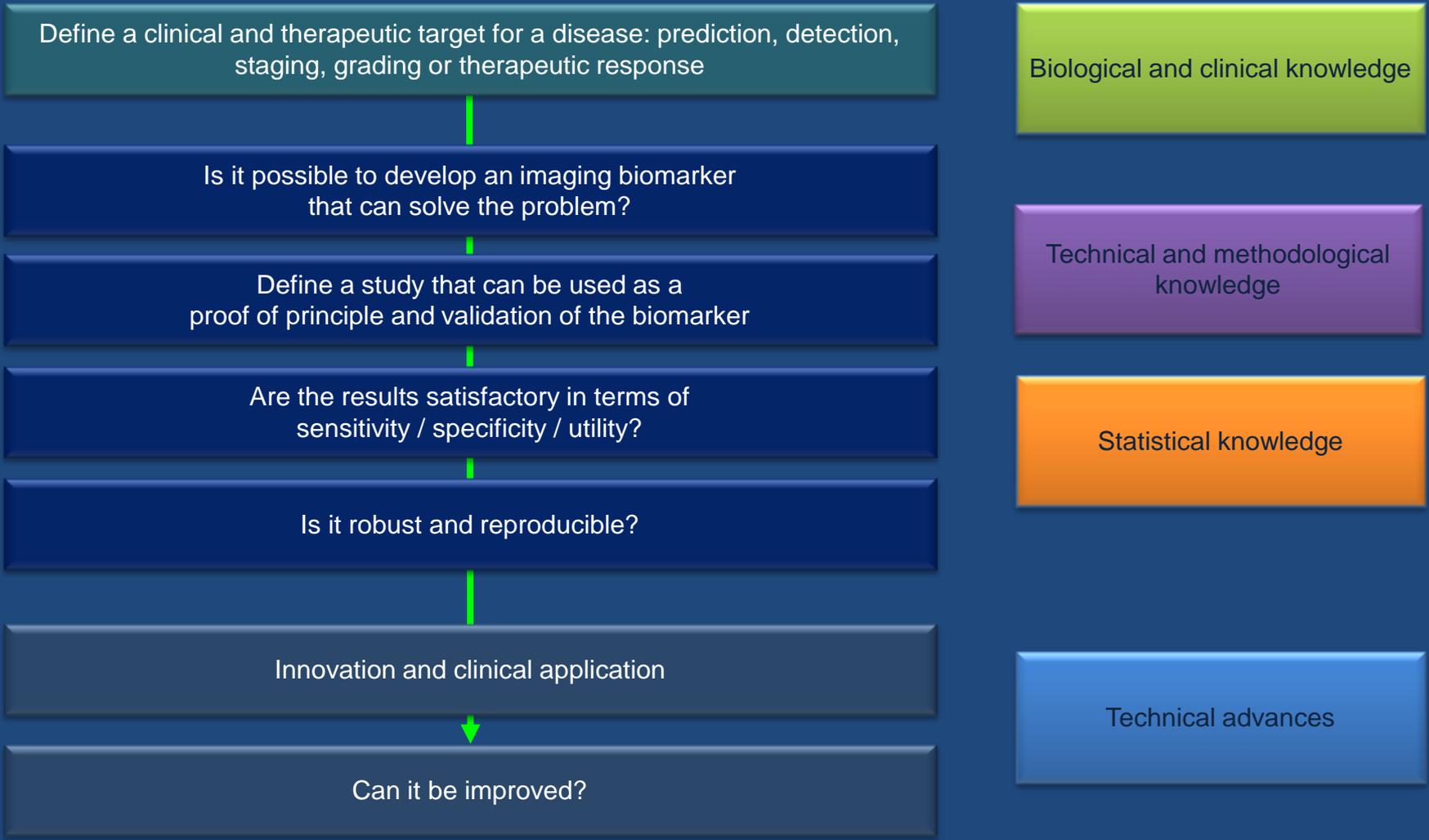
Innovación y experiencia al servicio del paciente

- **Prognostic biomarkers:** those that affect the outcome of patients in terms of a clinical endpoint.
- **Predictive biomarkers:** which affect the effect of a specific treatment on a clinical endpoint.
- **Surrogate biomarkers:** those measurements which may replace a clinical endpoint in clinical trials carried out to evaluate the effect of a specific treatment.

GENERALITAT VALENCIANA LaFe Hospital Universitari i Politècnic

# *Biomarkers and Medical Imaging*

Innovación y experiencia al servicio del paciente



# *The Ideal Biomarker*

Innovación y experiencia al servicio del paciente

- Must be clinically useful, allowing a measurable clinical improvement.
- Must (usually indirect or substitute) measure the target process adequately.
- Must be standardized in terms of image acquisition (technical parameters), image preparation, image processing and data measurement.
- Must have a high sensitivity to correctly classify as abnormal a true altered finding.
- Must have a high specificity to correctly identify healthy people as negative or not having the condition.



# *The Ideal Biomarker*

Innovación y experiencia al servicio del paciente

Sensitivity

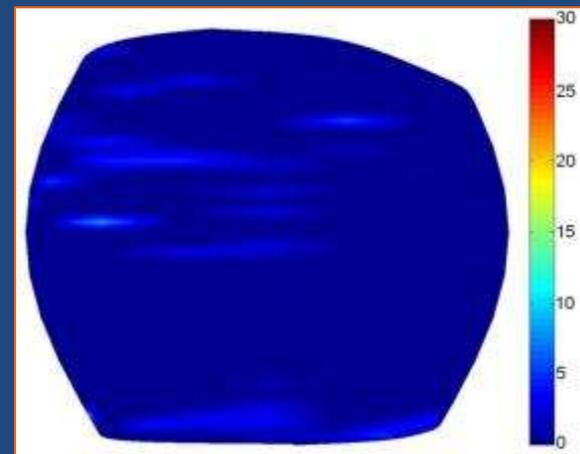
Specificity

Reproducibility

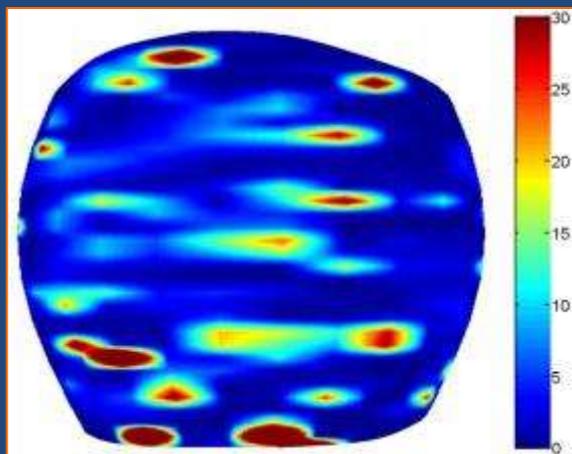
Clinical validity

Standardization

Cost



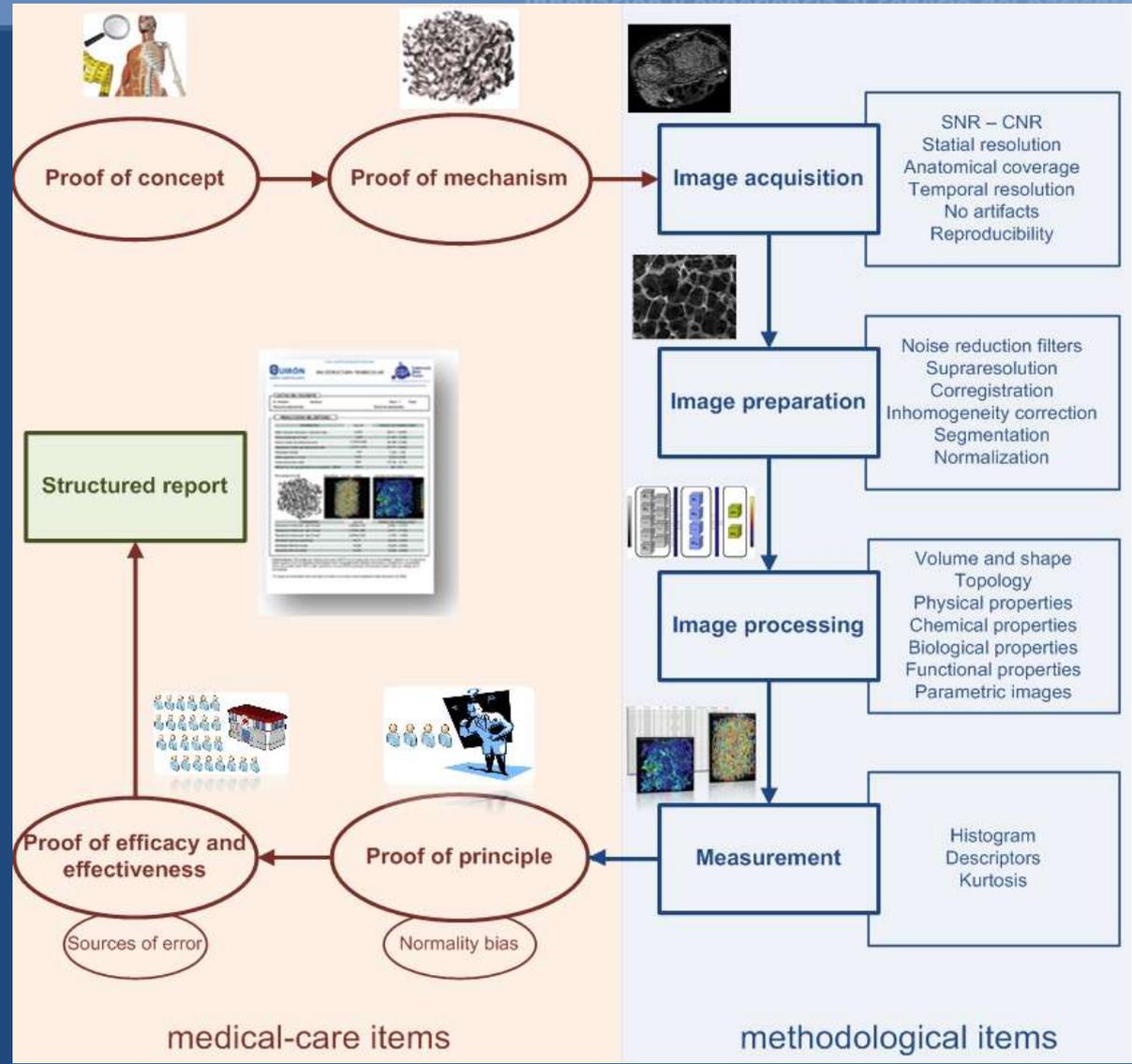
Normal



Initial Chondropathy

# Steps for the Development and Integration

- The process required to integrate an imaging biomarker into both clinical practice and clinical trials is complex and must meet the criteria of conceptual consistency, technical reproducibility, sensitivity and specificity.
- The innovation path to biomarker development, expansion and subsequent implementation involves a number of consecutive steps .



# Initial Development of Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurements

Proof of principle

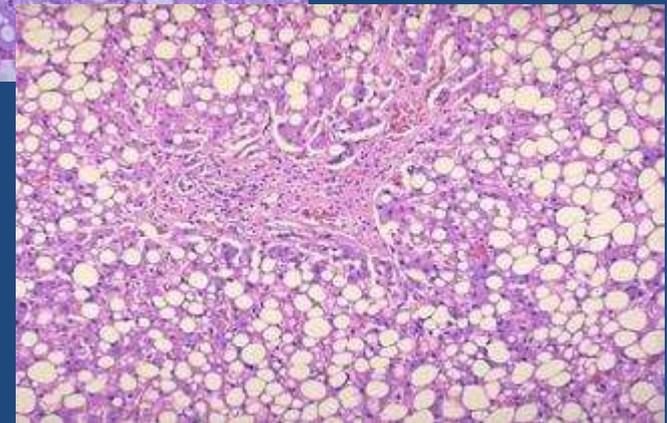
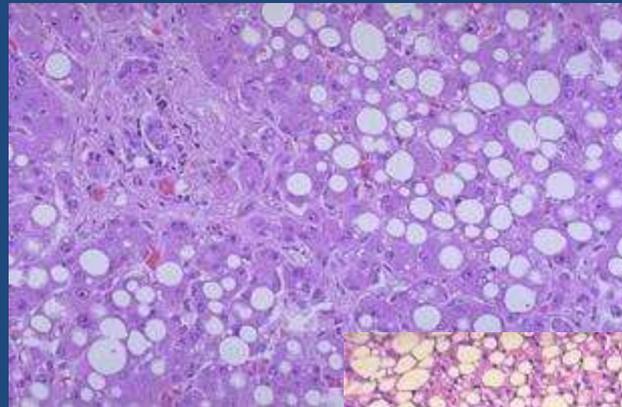
Proof of efficacy and effectiveness

Structured report

## *Proof of Concept*

Define the reasons why a specific aspect of the disease has to be measured.

Demonstrate that a specific biological process, seen as a cause and effect chain, may be studied using the available imaging and computational techniques.



# Initial Development of Biomarkers: Cartilage

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

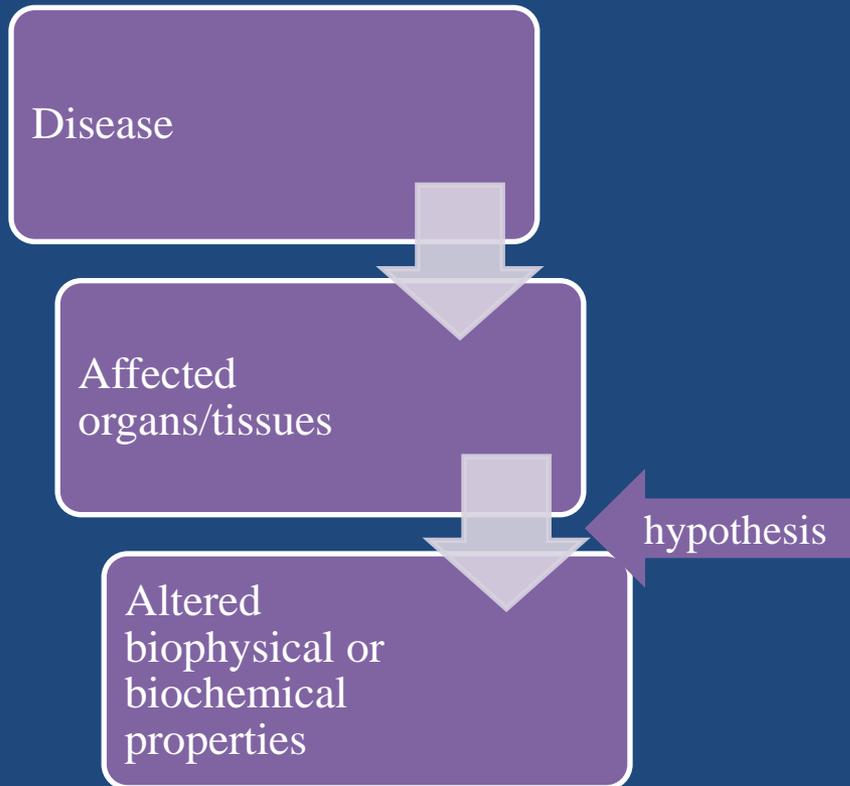
Image processing

Measurements

Proof of principle

Proof of efficacy and effectiveness

Structured report



## Concept

- The joint cartilage is initially resistant to vascular invasion from the subchondral bone
- As the joint cartilage degenerates, there is a change with overexpression of the vascular endothelial growth factor (VEGF). This angiogenesis signaling protein is strongly expressed
- New vessels and capillaries are formed

## Mechanism

- Imaging biomarkers of neovascularization may be used to evaluate initial degeneration, progression of degeneration and vascular response to treatment

# Initial Development of Biomarkers: Brain

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurements

Proof of principle

Proof of efficacy and effectiveness

Structured report

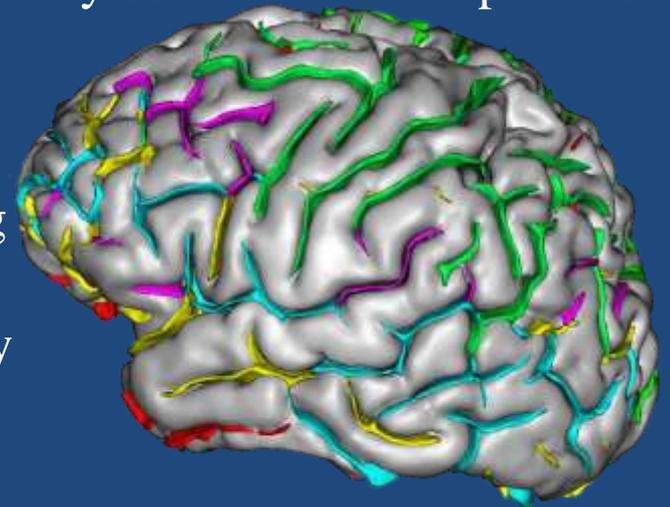
## Proof of Concept

Several morphometric and functional abnormalities have been reported in patients suffering from psychiatric and neurodegenerative disorders. Neurobiological mechanisms are difficult to understand by interpreting functional and structural data separately.

Both functional and neuronal density abnormalities may coexist in schizophrenic patients in specific regions.

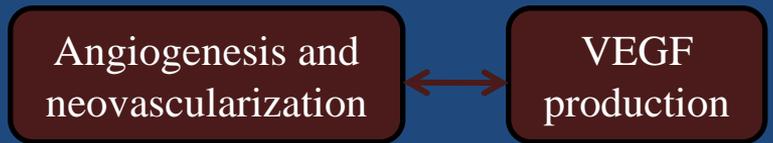
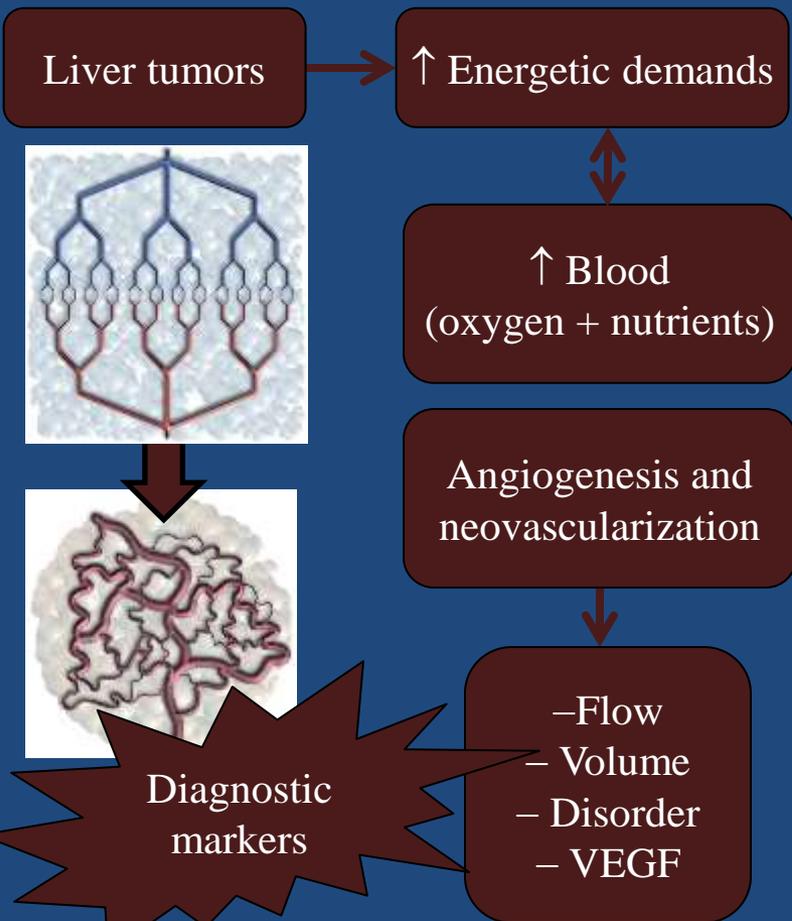
## Mechanism

If proven, these functional abnormalities coexisting with focal brain reductions in patients with neurodegenerative and psychiatric disorders may have both grading and therapeutic interest.



# Initial Development of Biomarkers: Liver

Innovación y experiencia al servicio del paciente



Angiogenesis assessment: complex and expensive

1. Microvascular density (MVD)
2. Determination of intratumoral VEGF
3. Monitoring vascular permeability

Can we use DCE-MR imaging to model angiogenesis?

Quantitative parameters obtained from the pharmacokinetic modeling of DCE-MR images

Disease assessment

Treatment evaluation

Radiology 2009;251:317-35

J Natl Cancer Inst 2005;97:172-87

Ferrara. Endocr Rev 2004;25:581-611

# Initial Development of Biomarkers: Prostate

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurements

Proof of principle

Proof of efficacy and effectiveness

Structured report

➤ There is a relationship between pathological alterations (cell density, interstitial space and angiogenesis) and water molecules diffusion.

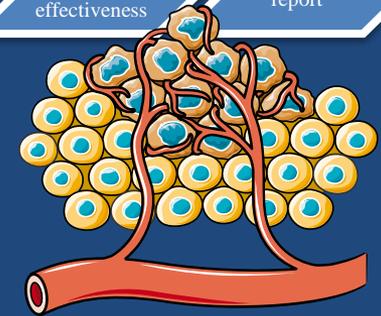
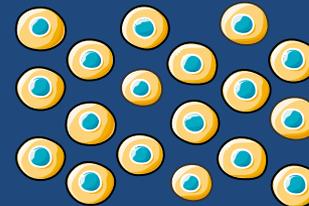
➤ *In vivo* quantification of the diffusion properties of water molecules in biological tissues should provide information about cellularity and microstructural organization.

➤ Diffusion coefficients are elevated in structures with a reduced cell density and increased interstitial space.

➤ Water molecules behavior in tissues can be quantified by MR imaging from the capacity of the proton spin to rephase after the application of two symmetrical field gradients.

➤ The purpose of DW-MR sequence is to estimate the diffusion coefficient of water molecules in tissues.

➤ The sensitivity to diffusion can be controlled by means of the so called 'b value', which depends on the pulses characteristics:



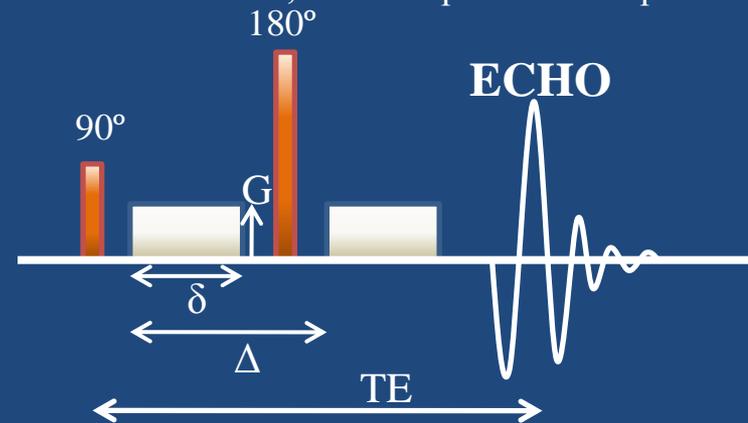
$$b = \gamma^2 \cdot G^2 \cdot \delta^2 \cdot \left( \Delta - \frac{\delta}{3} \right)$$

Gyromagnetic constant

Gradient strength

Gradient duration

Gradient separation [s/mm<sup>2</sup>]



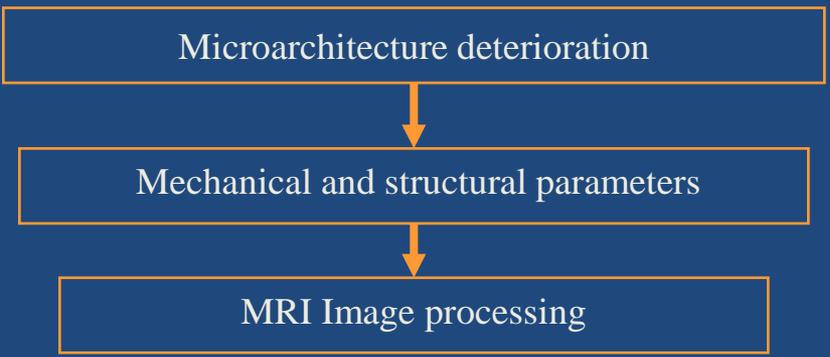
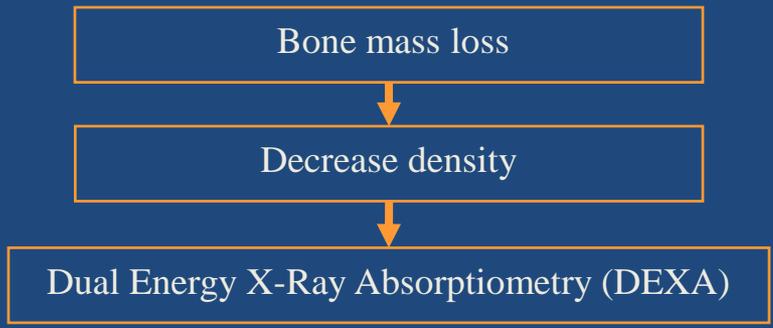
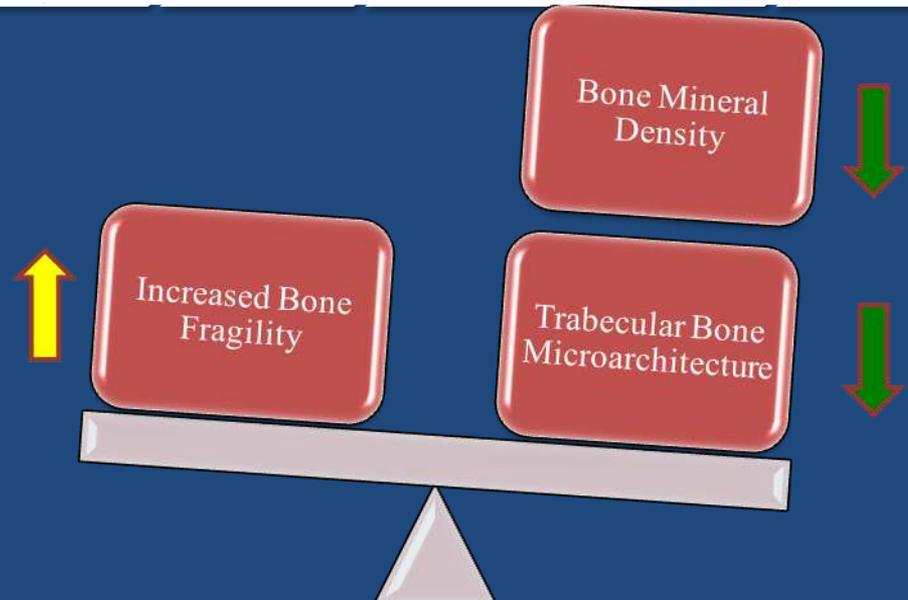
# Initial Development of Biomarkers: Bone

Innovación y experiencia al servicio del paciente



From a certain age and a negative skeletal balance, bone involution determines a bone mass reduction.

In osteoporosis, trabecular structure maintains its shape while beams become thinner augmenting inter-trabecular spacing, resulting in a more porous structure and a reduction of whole bone quantity.



# Initial Development of Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report

## *Proof of Mechanism*

Demonstrate the interrelationship between the biomarker and the concept, focusing on the effect (in magnitude and direction) that a specific disease or a treatment have on the biomarker.



# Acquisition and analysis of Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

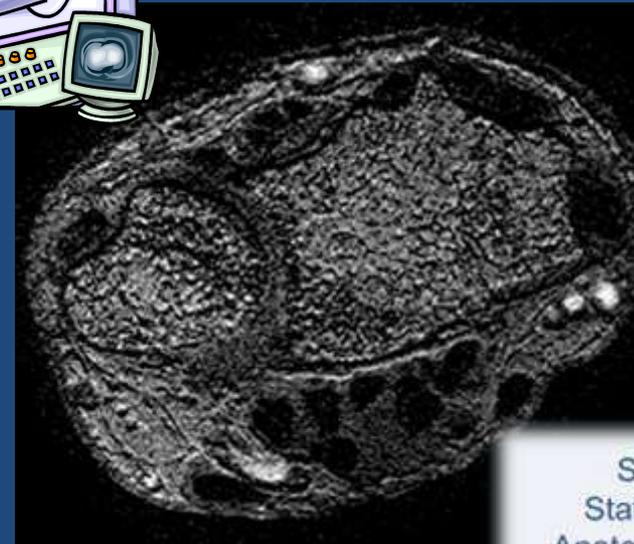
Proof of principle

Proof of efficacy and effectiveness

Structured report

## Image Acquisition

Appropriate images are essential for the extraction of useful biomarkers. Irrespective of the technique used (radiography, ultrasound, CT, MRI, SPECT or PET), several issues must be taken into consideration.



SNR – CNR  
Spatial resolution  
Anatomical coverage  
Temporal resolution  
No artifacts  
Reproducibility

# Acquisition and analysis of Biomarkers: Brain

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report

## T1W-GRE 3D High Resolution morphometric analysis

TE / TR: 3.9 / 8.3 FA: 8°

Orientation: Sagittal; Matrix: 256 x 256

Slices: 160; Voxel: 0.94x0.94x1; Gap: 0

Acquisition time: 5:20'

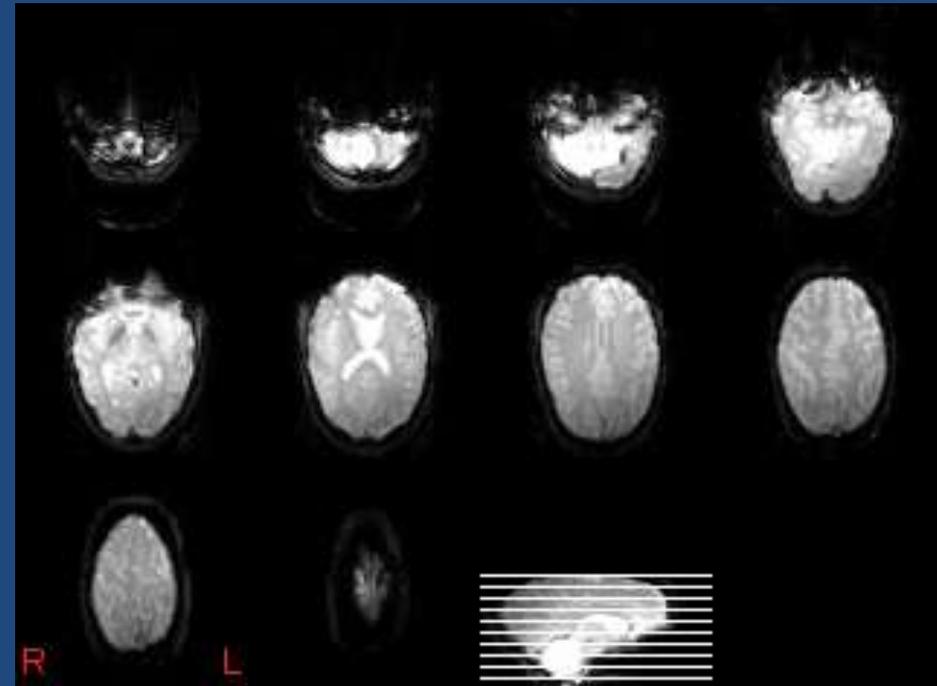
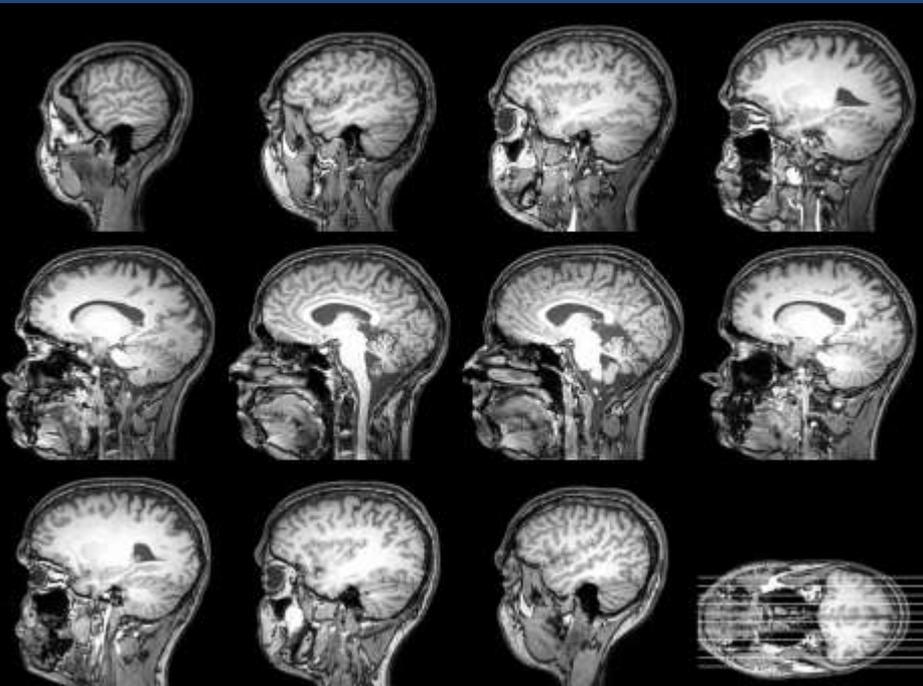
## EPI T2\* for functional MR evaluation

TE / TR: 19 / 2275 FA: 90°

Orientation: Axial; Matrix: 80 x 80; Slices: 48

Voxel: 2.88x2.88x2.60; Gap: 0

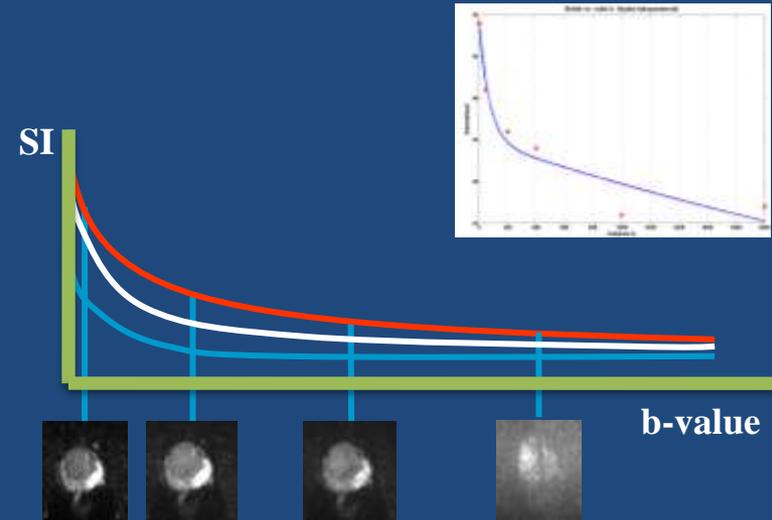
Acquisition time: 2'; Dynamics: 80



# Acquisition and analysis of Biomarkers: Prostate

Proof of concept → Proof of mechanism → **Image acquisition** → Image preparation → Image processing → Measurement → Proof of principle → Proof of efficacy and effectiveness → Structured report

- DWI: MR signal decays while the b-value increase.
- Using different b-values, an estimation of the diffusion coefficient can be obtained from the fitting and modeling of the signal decay.
- These models can be based on either a monoexponential or biexponential modelling of the MR signal decay.
  - Monoexponential: Non standardized.
  - Bi-exponential: Calculation of fast and slow components ( $D$ ,  $D^*$ ) with the IVIM theory.



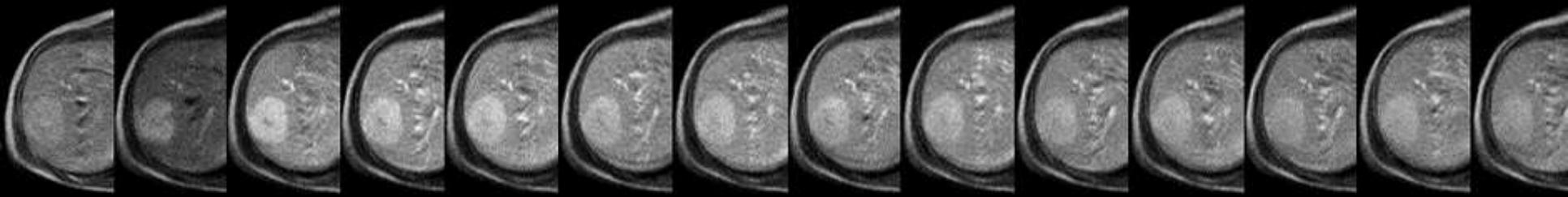
## General recommended guidelines:

- Excellent SNR provided by SE-EPI sequences. Parallel imaging techniques to reduce EPI factor. Spectral fat suppression (SPIR, SPAIR) combined with gradient reversal to avoid fat overlapping artifacts. Respiratory synchronization. VCG synchronization in cardiac DWI.
- Acquisition of multiple b-values to be specified by the Cramer-Rao lower bound theory

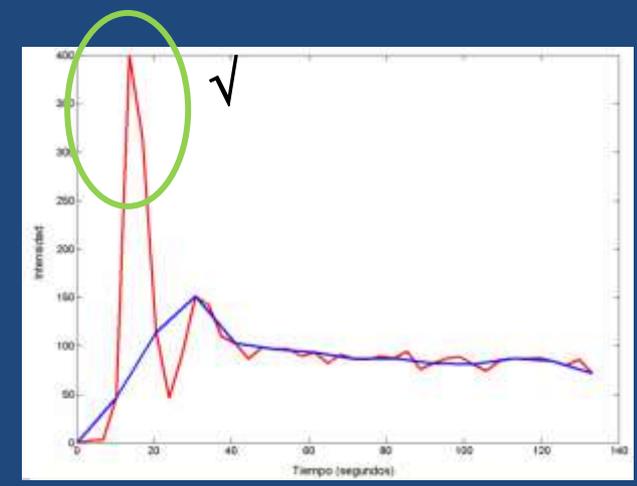
# Acquisition and analysis of Biomarkers: Liver

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



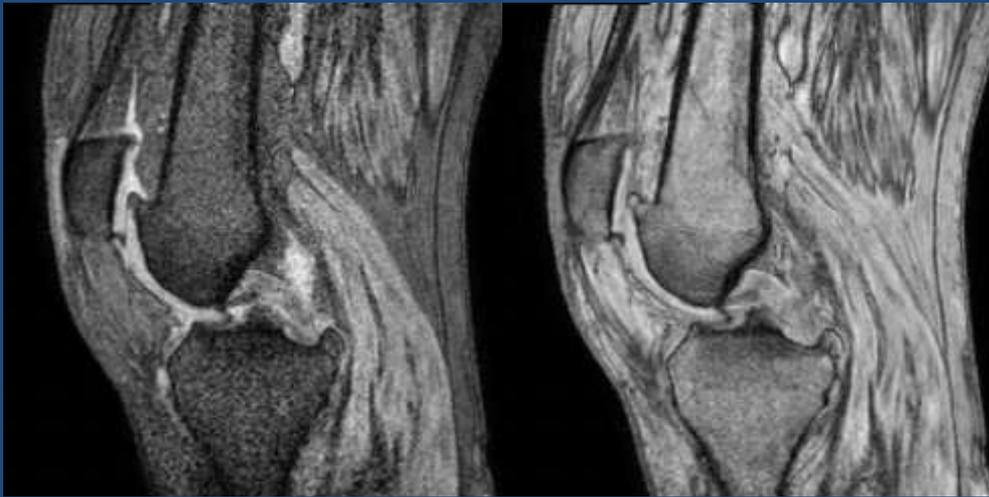
- Spatial resolution with whole anatomical coverage (24 slices)
- In-plane resolution (1.5x1.5 mm)
- Slice thickness (7 mm)
- Temporal resolution: 40 dynamics, 3.7 s each



# Acquisition and analysis of Biomarkers: Cartilage

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



Signal to Noise vs. Contrast to Noise ratio (SNR and CNR)

- Perfusion PKM
- Spatial resolution with whole anatomical coverage (10 slices)
- In-plane resolution (0.78x0.78), slice thickness (7 mm)
- Temporal resolution and Sampling rate: 80 dynamics, 2.7 s each
- Acquisition of multiple images at different echo times to optimized contrast and signal.

# Acquisition and analysis of Biomarkers: Bone

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report

- Trabecular Bone Structure: Field Strength of 3 Tesla
  - High spatial resolution:  $180 \mu\text{m}^3$  (isotropic)
- T1-weighted Gradient Echo, FA=25°, TE=5ms, TR=16ms
  - 60 axial slices



# Acquisition and analysis of Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

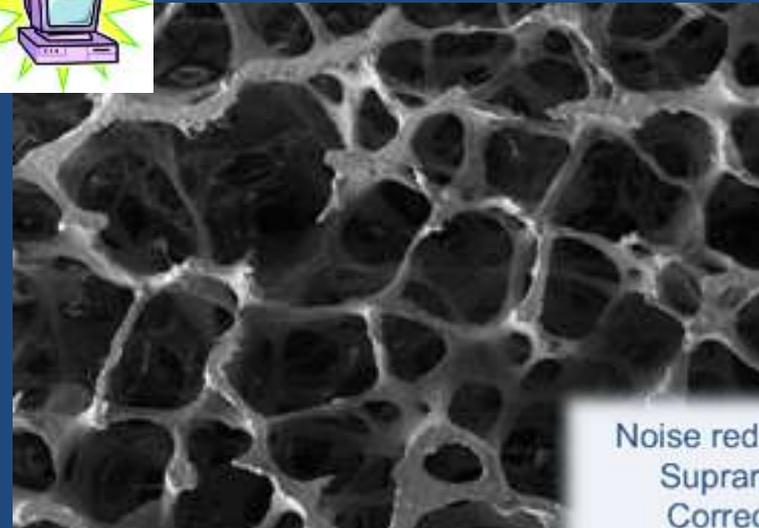
Proof of principle

Proof of efficacy and effectiveness

Structured report

## Image Preparation

Prior to the analysis and modeling of the signals, images must be processed making sure that the acquired data are optimal for the analysis.



Noise reduction filters  
Supraresolution  
Corregistration  
Inhomogeneity correction  
Segmentation  
Normalization

# Acquisition and analysis of Biomarkers: Cartilage

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

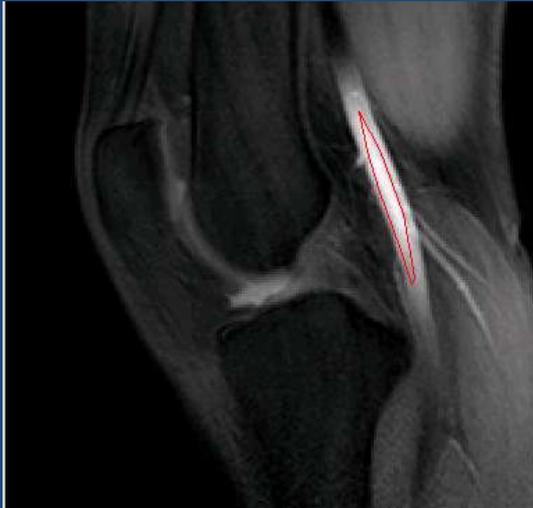
Image processing

Measurement

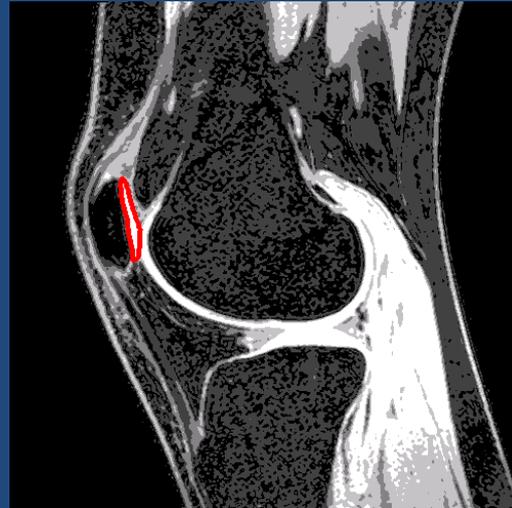
Proof of principle

Proof of efficacy and effectiveness

Structured report



Arterial input function  
(popliteal artery)



Patellar cartilage  
segmentation



Femoral cartilage  
segmentation

# Acquisition and analysis of Biomarkers: Brain

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

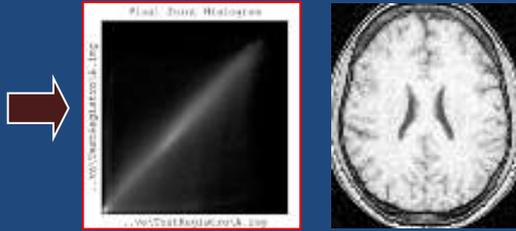
Measurement

Proof of principle

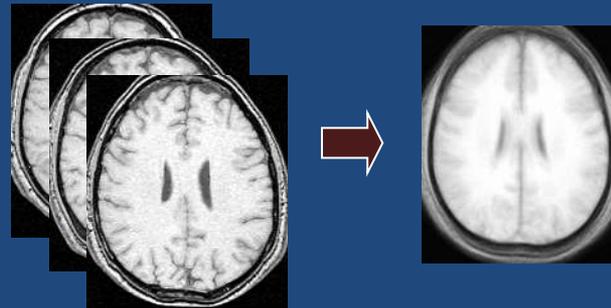
Proof of efficacy and effectiveness

Structured report

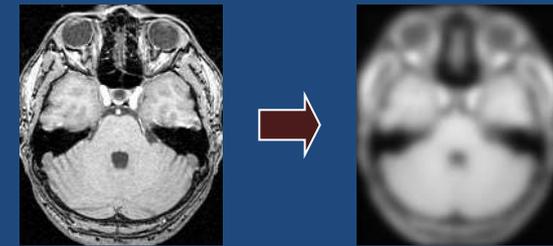
## Normalization and registration



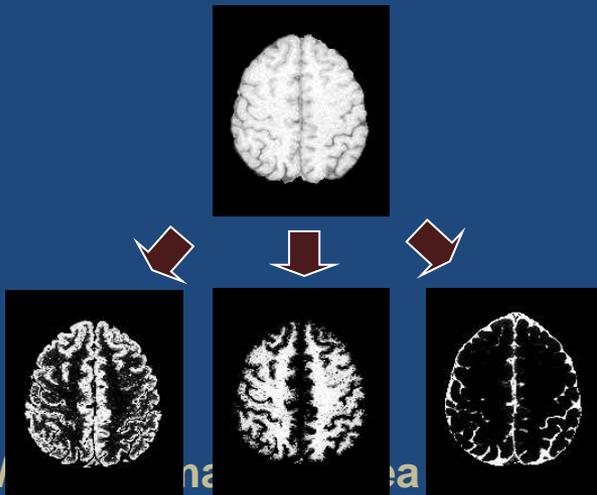
## Average filter



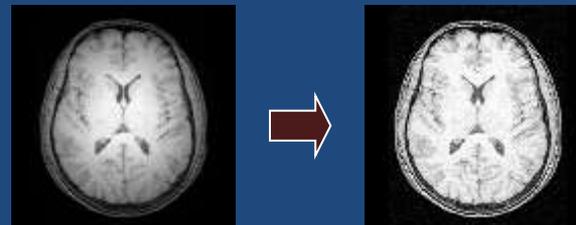
## Smoothing filter



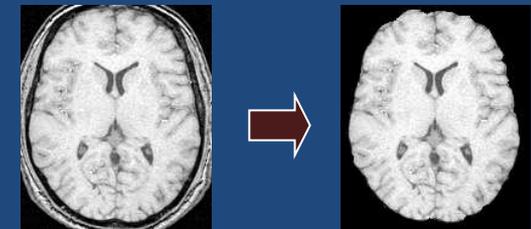
## Segmentation



## Bias inhomogeneity noise correction



## Extract brain tissue



# Acquisition and analysis of Biomarkers: Prostate

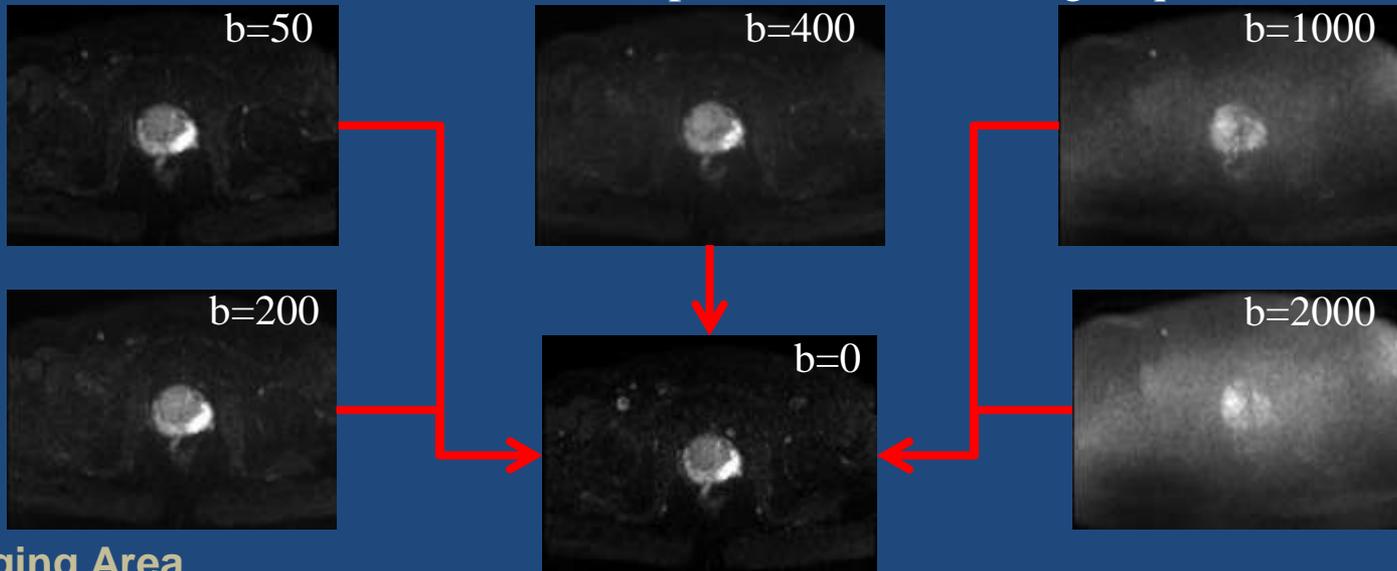
VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



Image registration through all the b-values of the study

- SPM-based
- Reference:  $b=0$
- Minimize apparent displacements produced by the Eddy currents effect through the b-values
- Minimize localization errors due to patient motion during acquisition



# Acquisition and analysis of Biomarkers:

## Liver

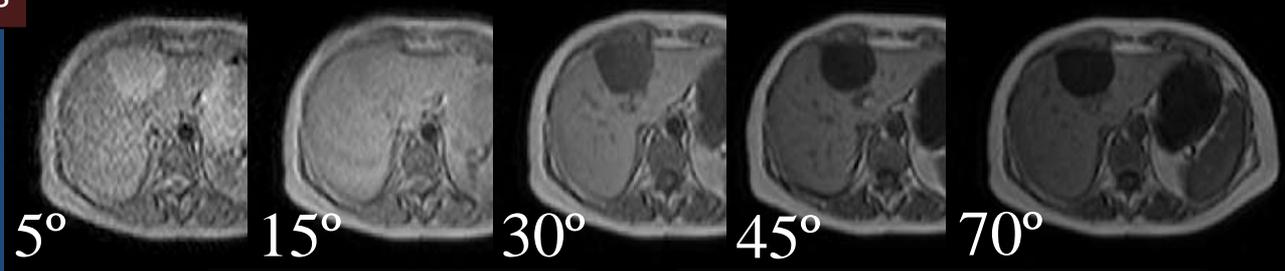
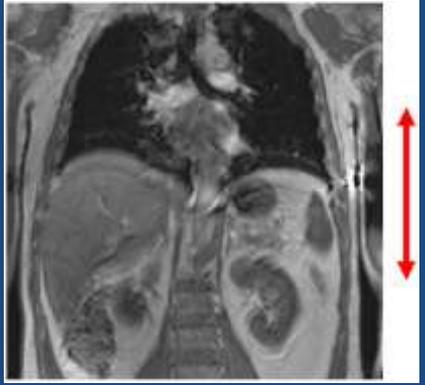
VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



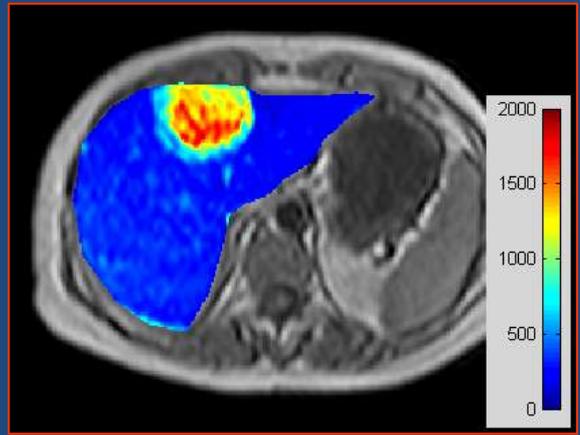
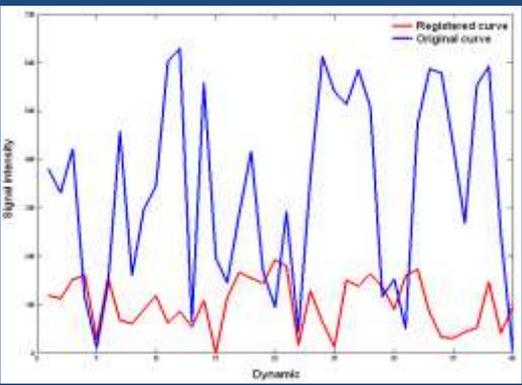
**Registration**  
 Movement correction  
 Rigid + elastic deformation models

**Intensity to Concentration conversion**



$$C(t) = \frac{1}{r1} \left( \frac{1}{T1(t)} - \frac{1}{T1(0)} \right)$$

$$S(\alpha) = M \cdot \sin \alpha \frac{1 - e^{-\frac{TR}{T1}}}{1 - \cos \alpha \cdot e^{-\frac{TR}{T1}}}$$



# Acquisition and analysis of Biomarkers: Bone

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



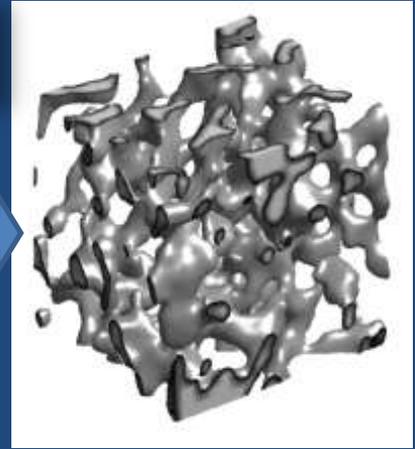
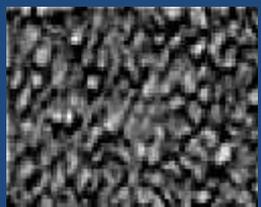
Segmentation

Equalization

Sub-voxel processing

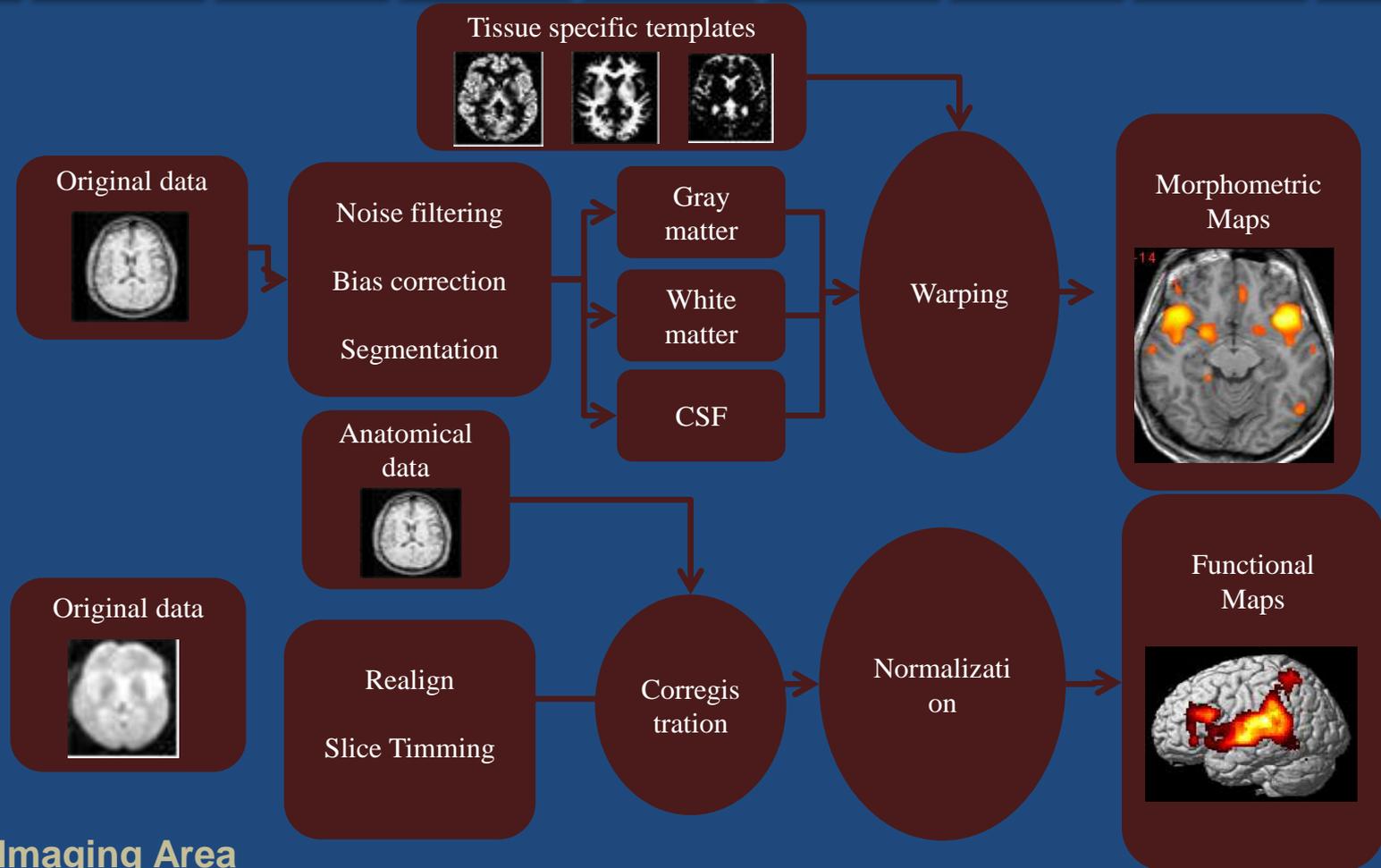
3D model

Binarization



Medical Imaging Area

# Acquisition and analysis of Biomarkers: Brain



# Acquisition and analysis of Biomarkers: Prostate

VALENCIANA Hospital Universitari i Politècnic

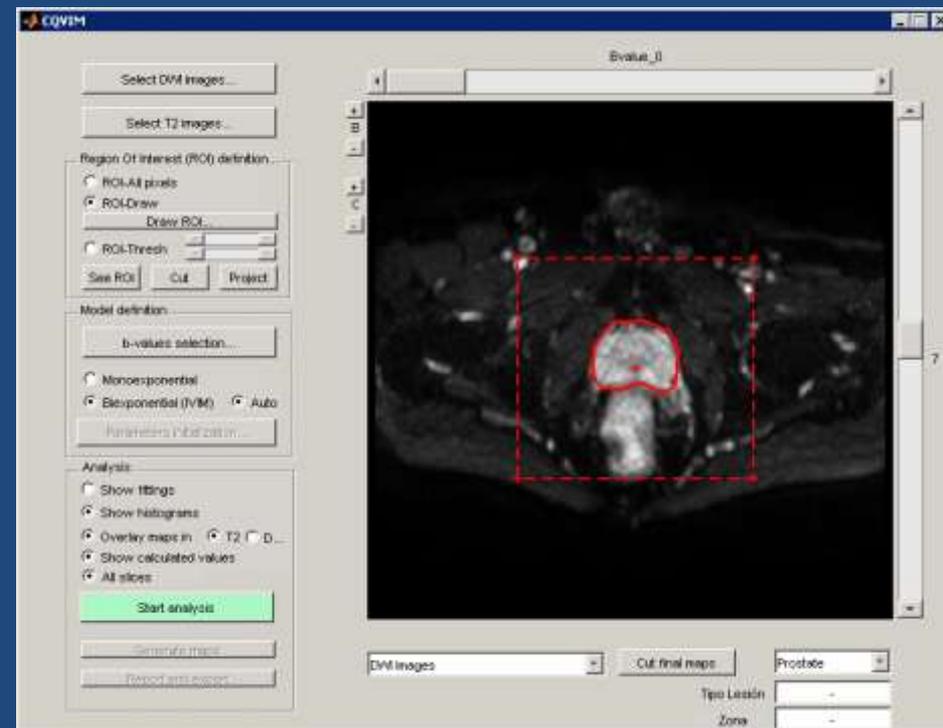
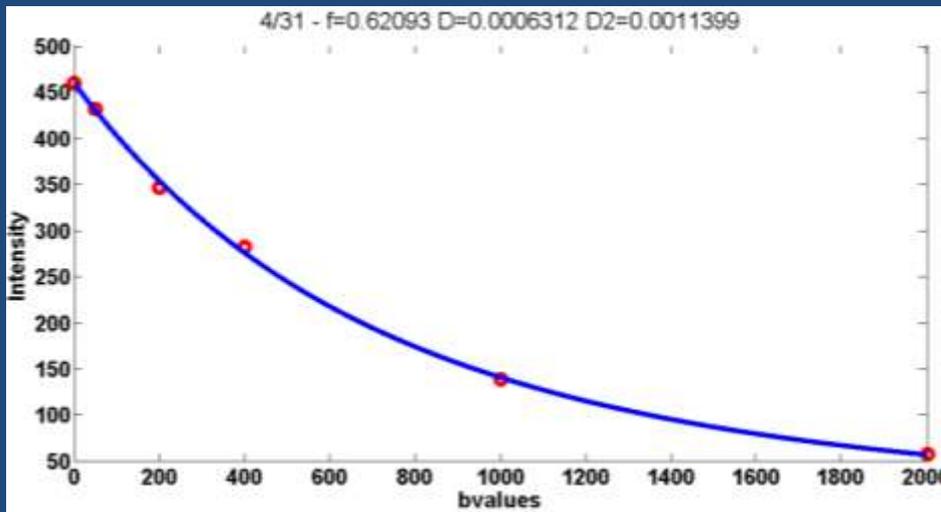
Innovación y experiencia al servicio del paciente



Calculation of diffusion properties by the application of the IVIM model

- Voxel-by-voxel analysis
- Curve fitting
- Calculation of D, D\* and f

$$S_I = S_0 \cdot f \cdot e^{-b \cdot (D + D^*)} + S_0 \cdot (1 - f) \cdot e^{-b \cdot D}$$



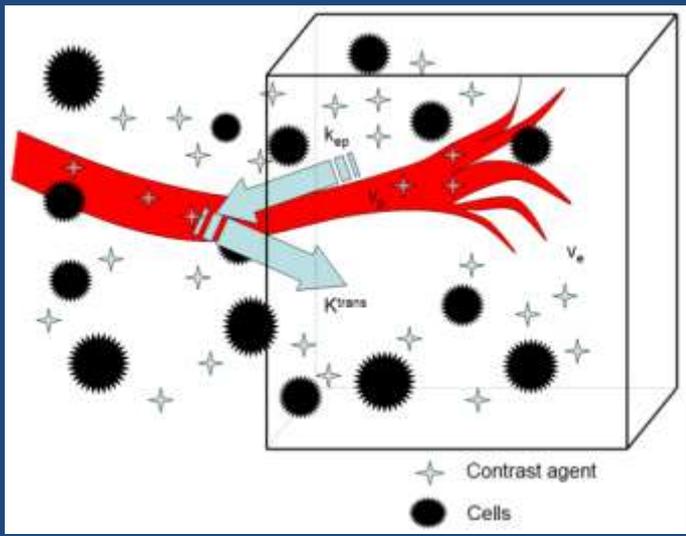
# Acquisition and analysis of Biomarkers: Cartilage

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente



## Pharmacokinetic modeling (PKM)



- Arterial capillary permeability:  $K^{trans}$  (ml/min/100ml)
- Washout rate:  $k_{ep}$  (ml/min/100ml)
- 1st compartment: vascular space fraction:  $v_p$  (%)
- 2nd compartment: interstitial space fraction:  $v_e$  (%)

$$C_t(t) = v_p C_a(t) + \int_0^t (K^{trans} C_a(t) e^{-k_{ep}(t-t)}) dt$$

$$v_e = \frac{K^{trans}}{k_{ep}}$$



# Acquisition and analysis of Biomarkers:

## Liver

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

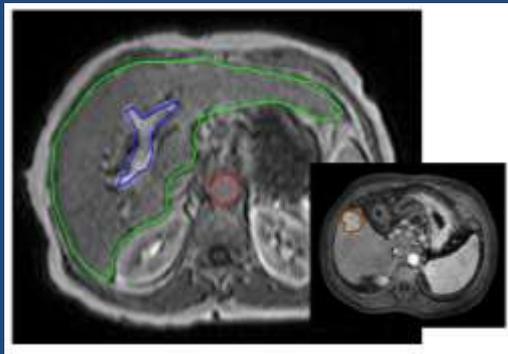
Image processing

Measurement

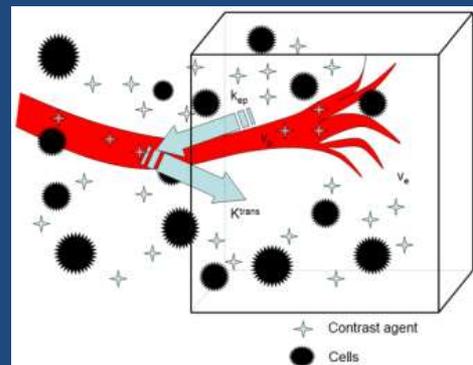
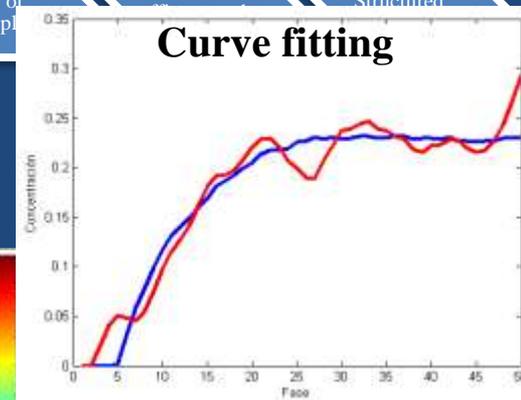
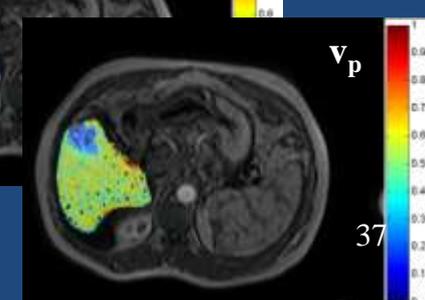
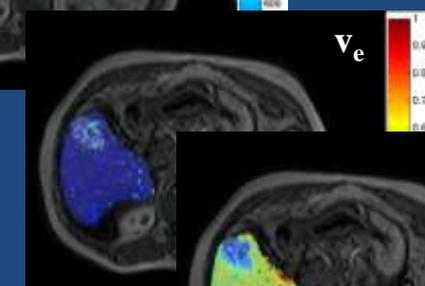
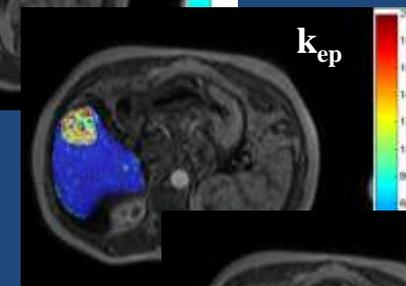
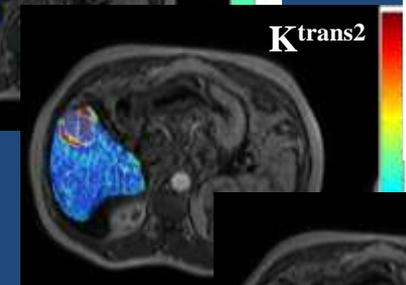
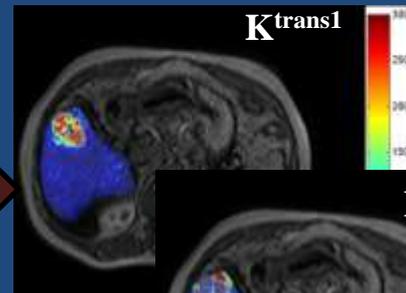
Proof of principle

Proof of

Structured



Voxel-based analysis



### Pharmacokinetic modeling

- Arterial / Venous permeability:  $K^{trans1}$  /  $K^{trans2}$  (ml/min/100ml)
- $k_{ep}$  (ml/min/100ml)
- $v_p$  (%)
- $v_e$  (%)

# Acquisition and analysis of Biomarkers: Bone

VALENCIANA Hospital Universitari i Politècnic

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

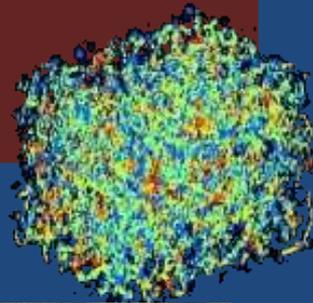
Proof of principle

Proof of efficacy and effectiveness

Structured report

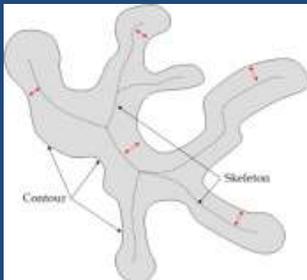
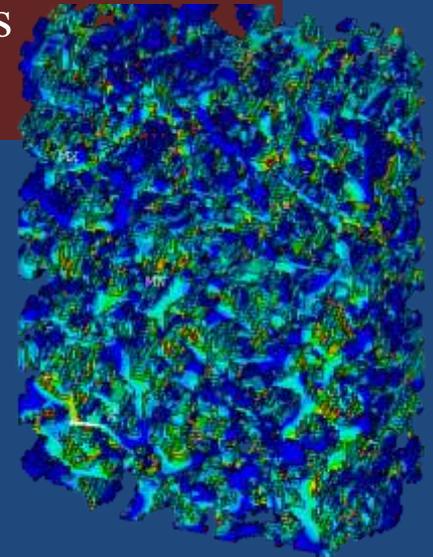
## Morphometry

1. Morphology
2. Fractal complexity
3. Topology
4. Anisotropy



## Mechanical

1. Meshing
2. Model generation
3. Model simulation
4. Young's modulus estimation



# Acquisition and analysis of Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

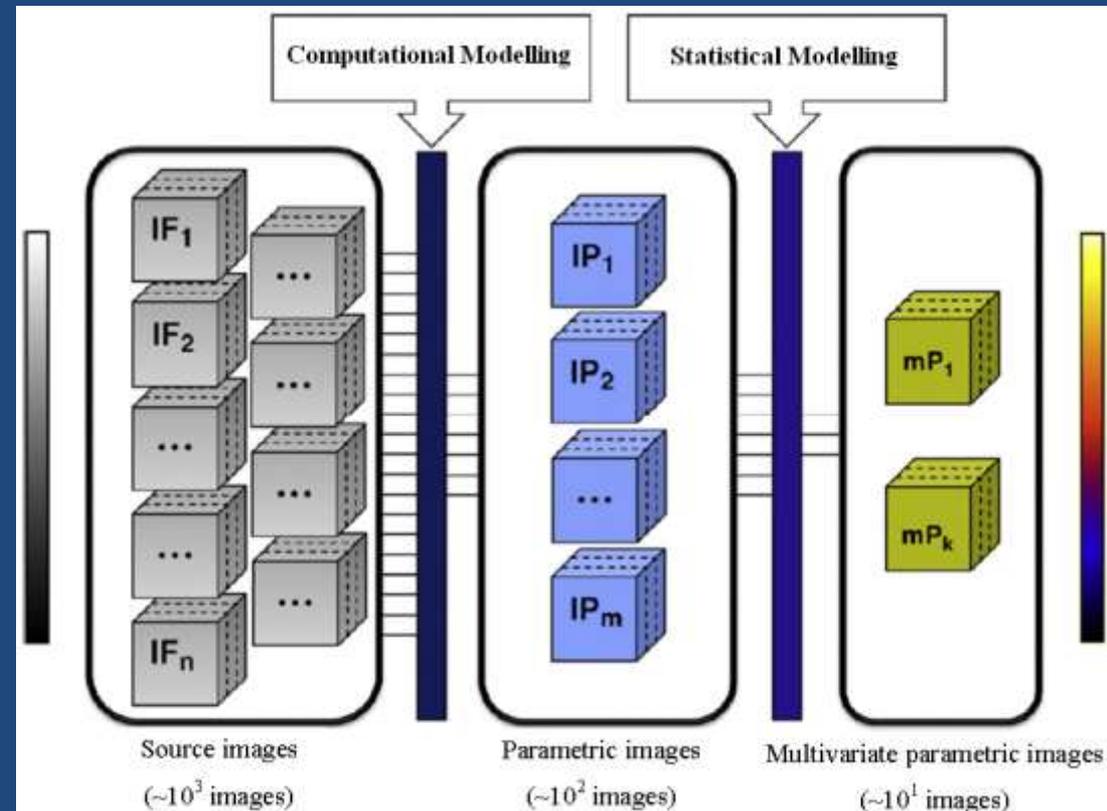
Structured report

## Image processing

Extract information about the biomarkers from the digital images using the appropriate computational processes.

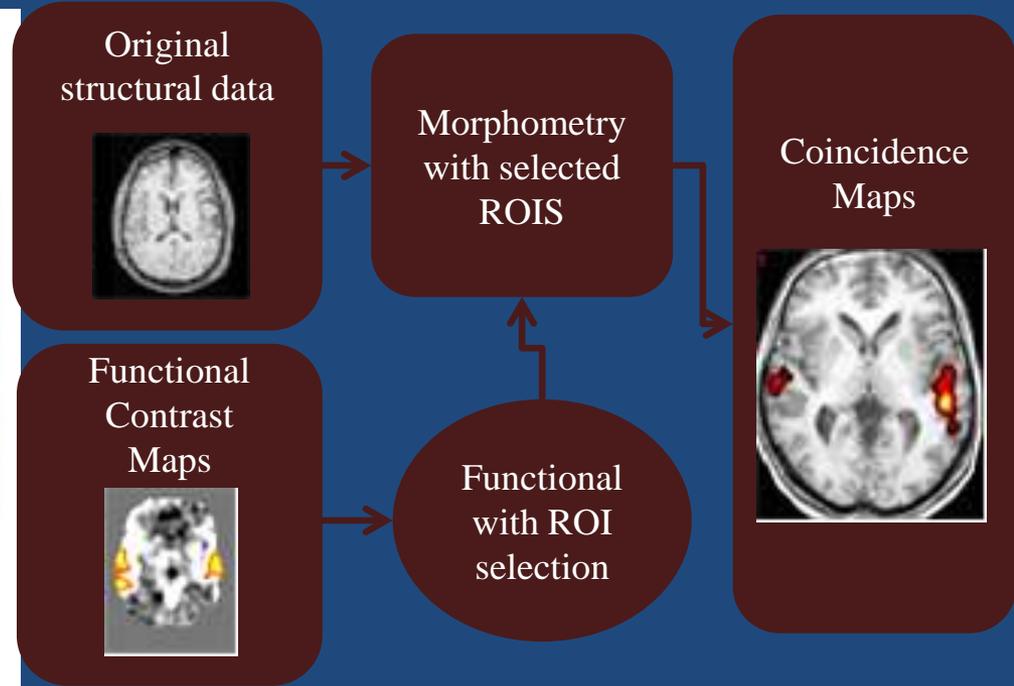
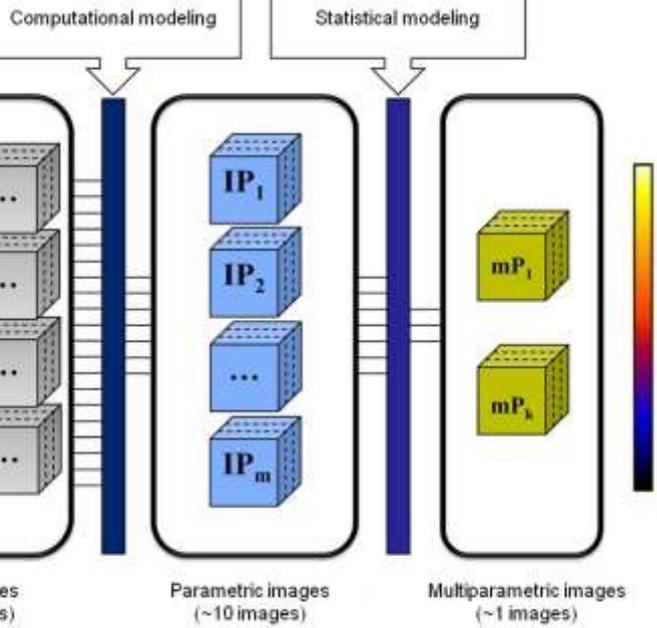
Parametric images depict the spatial distribution of the biomarker.

In multivariate images, the colour of each voxel is determined by a multivariate statistical function, which is in turn a combination of several parameters or biomarkers.



# Biomarker measurement: Brain

Innovación y experiencia al servicio del paciente

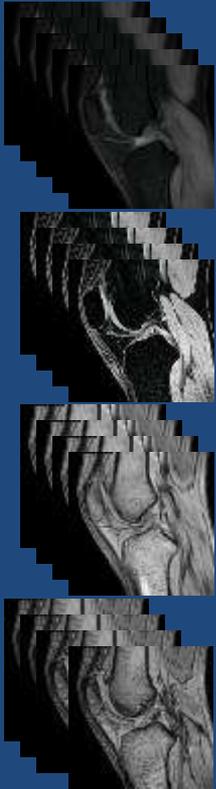


Multivariate approach

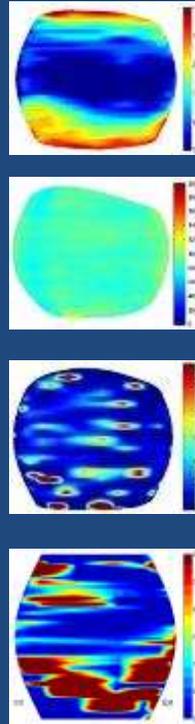
# Biomarker Multivariate Approach

Innovación y experiencia al servicio del paciente

Source images



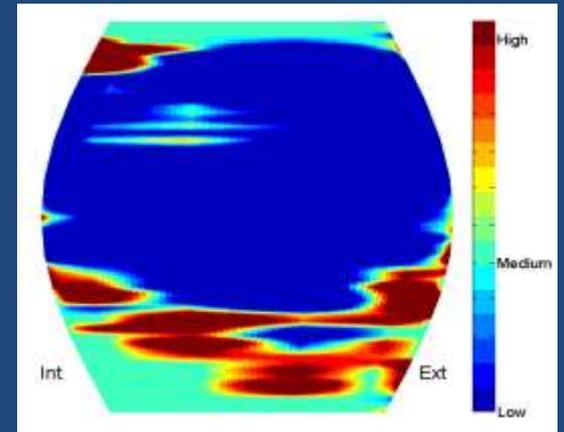
Parametric images



Computational models

Statistical models

Nosologic image



Redundancy

Relevance

# Biomarker measurement

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

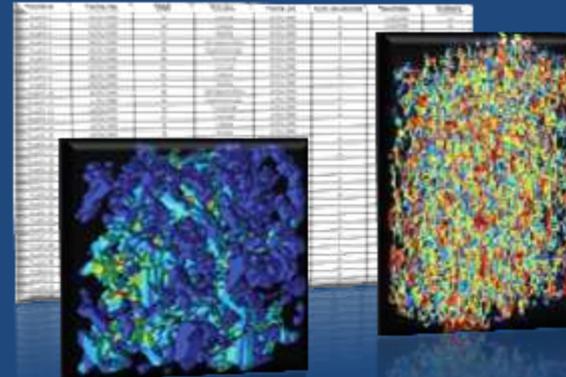
Proof of principle

Proof of efficacy and effectiveness

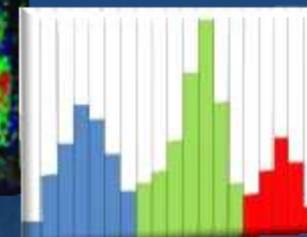
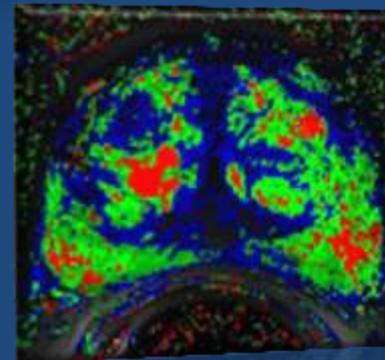
Structured report

## Measurement

Parametric images, both conventional and multivariate, provide measurements from either the whole tissue or organ being studied or only from those areas considered more representative or abnormal (histograms analysis).



Histogram  
Descriptors  
Kurtosis



# Biomarker measurement: Cartilage

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

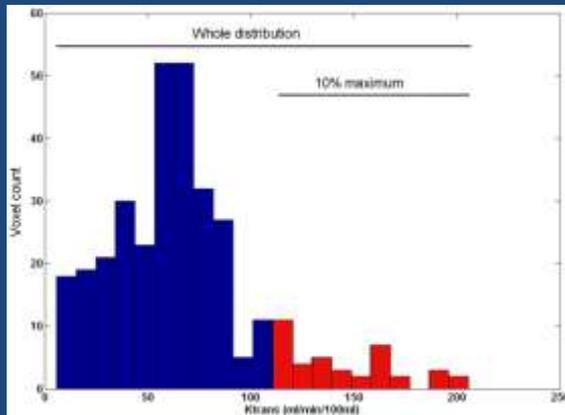
Measurement

Proof of principle

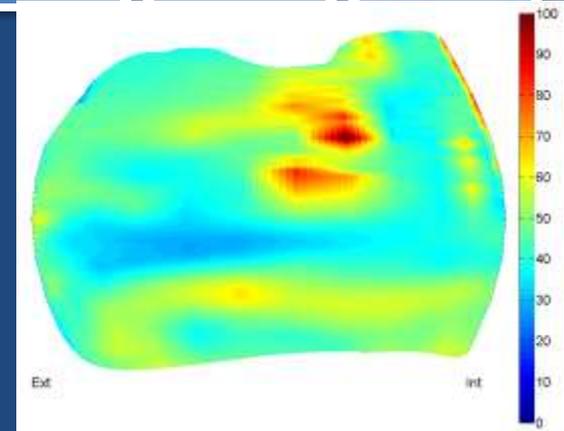
Proof of efficacy and effectiveness

Structured report

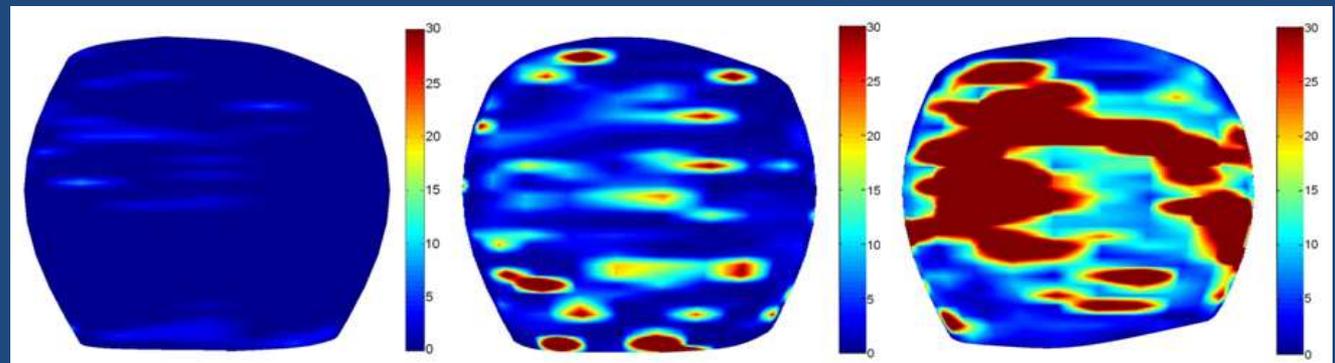
What should we measure?



Parametric map of the cartilage surface representing the value of T2\* (proportional to the amount of water [edema] and loss of collagen)



Parametric maps of capillary permeability (Ktrans) of the patellar joint cartilage



normal

chondromalacia

arthrosis

# Biomarker measurement: Liver

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

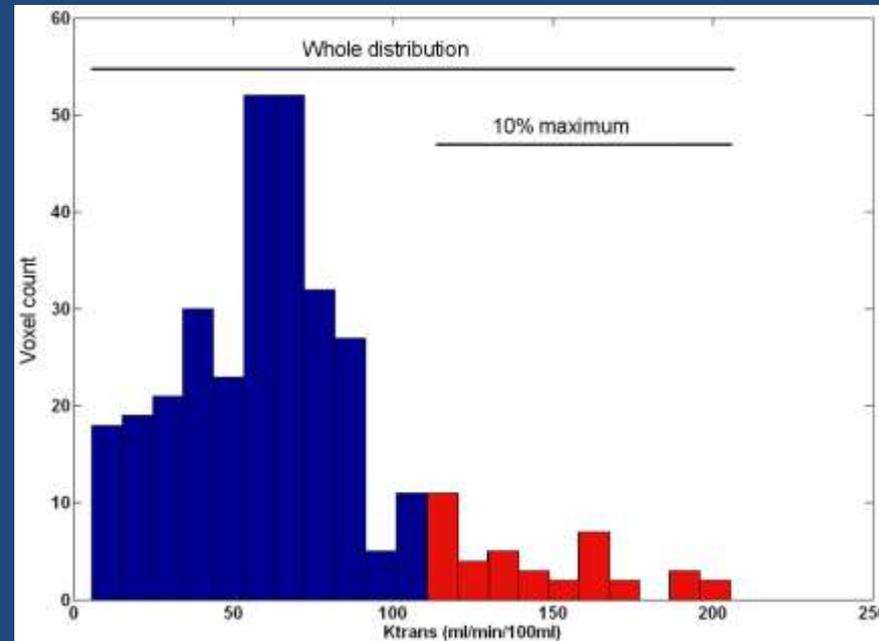
Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report



Mean – Standard deviation – Median

Asymmetry – Kurtosis – Relevant Percentiles (10%, 25%)

Heterogeneity : Histogram signature

# Biomarker measurement: Prostate

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

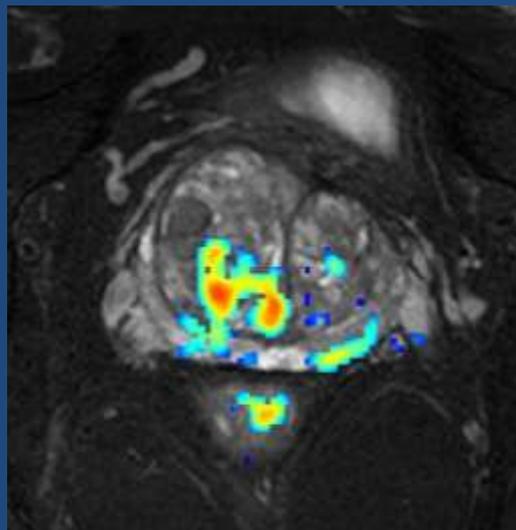
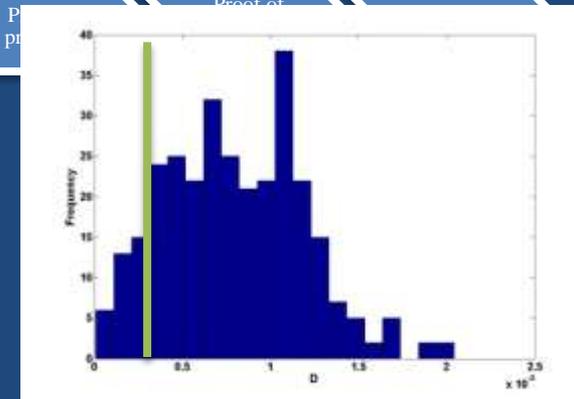
Measurement

P

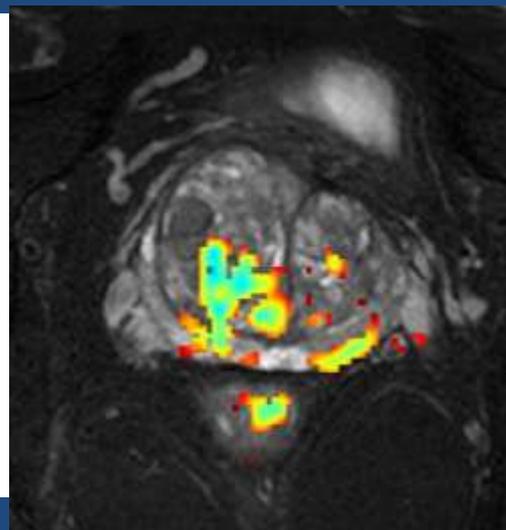
Proof of

Parametric mapping and ROI evaluation in DWI-IVIM:

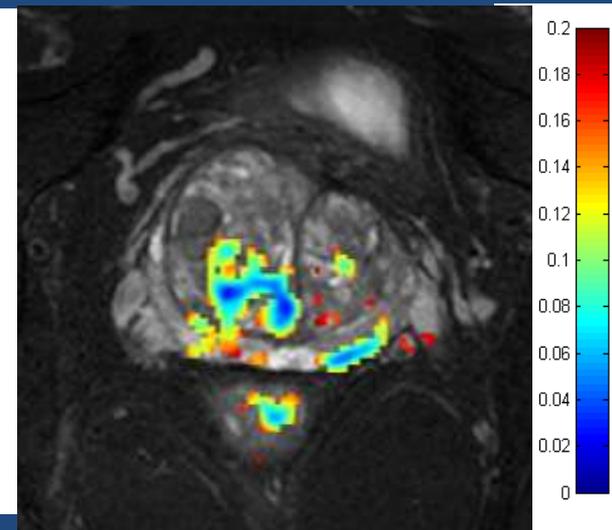
- Histogram-based analysis of the diffusion parameters
- Parametric information overlay on anatomic images
- Threshold results for the depiction of regions with a higher water restriction.



D



f



$D^*$

# Biomarker measurement: Bone

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

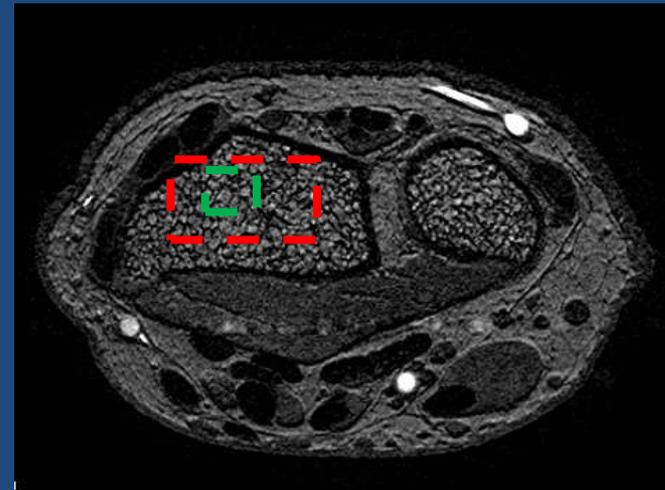
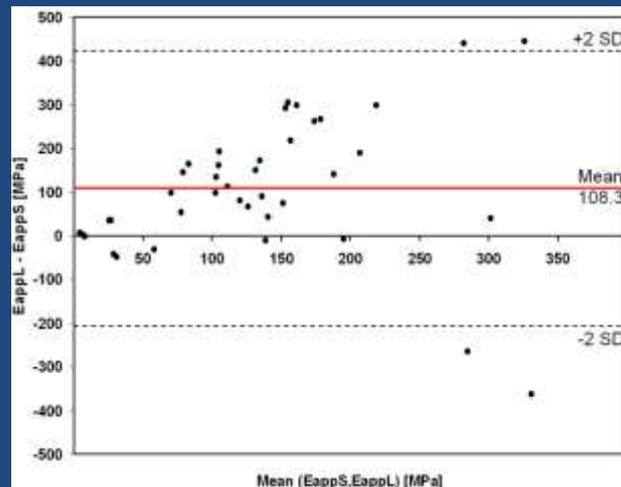
Proof of efficacy and effectiveness

Structured report

## Healthy values

Morphologic Parameter	Men ( $n = 19$ )	Women ( $n = 21$ )	Total ( $n = 40$ )
Bone volume-to-total volume ratio	$0.24 \pm 0.01$	$0.21 \pm 0.01$	$0.22 \pm 0.01$
Trabecular thickness ( $\mu\text{m}$ )	$198.49 \pm 3.19$	$190.35 \pm 0.95$	$194.22 \pm 1.70$
Trabecular separation ( $\mu\text{m}$ )	$816.52 \pm 26.46$	$886.90 \pm 24.61$	$853.47 \pm 18.66$
Trabecular number ( $10^{-3} \cdot \mu\text{m}^{-1}$ )	$1.22 \pm 0.04$	$1.10 \pm 0.04$	$1.16 \pm 0.03$

## Bias: variations due to ROI dimensions



# Fat-Water-Iron Liver Quantification

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report



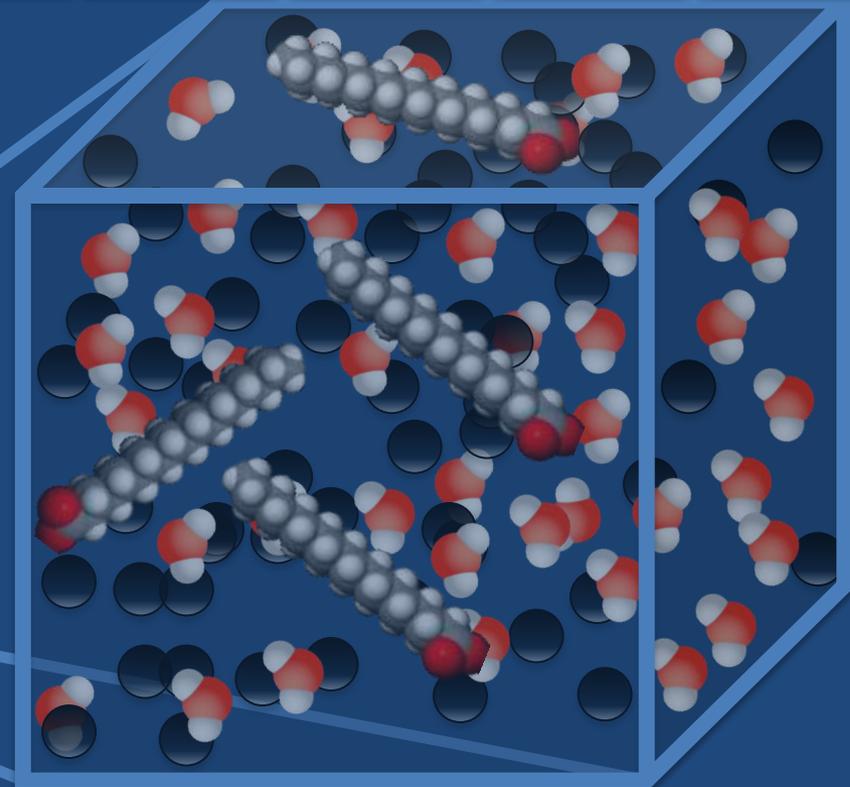
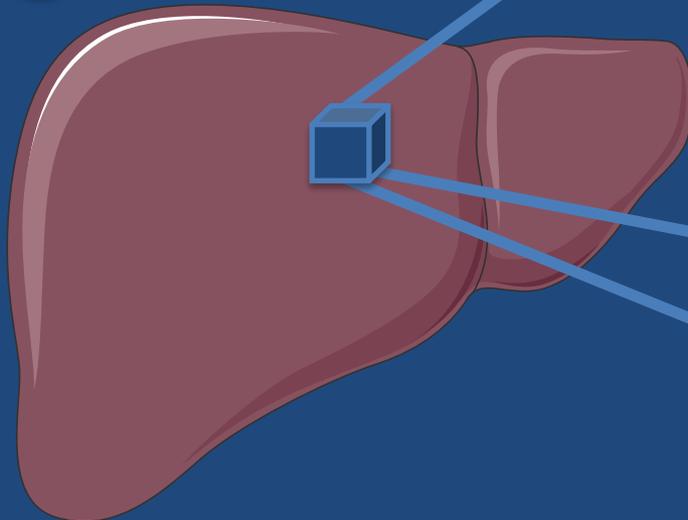
Water



Fat



Iron



Different tissue components coexist in the liver parenchyma

# Fat-Water-Iron Liver Quantification

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

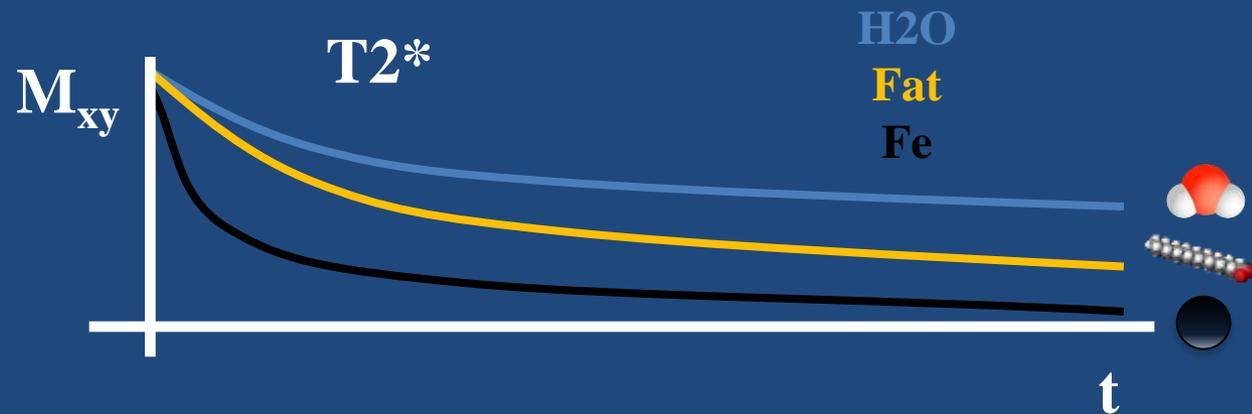
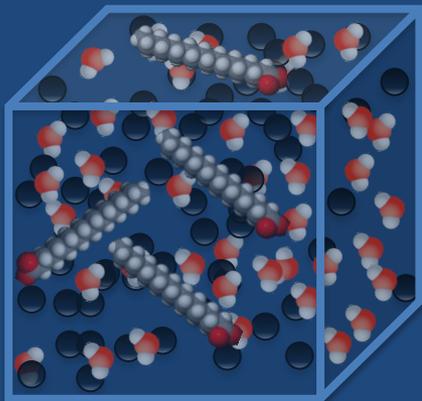
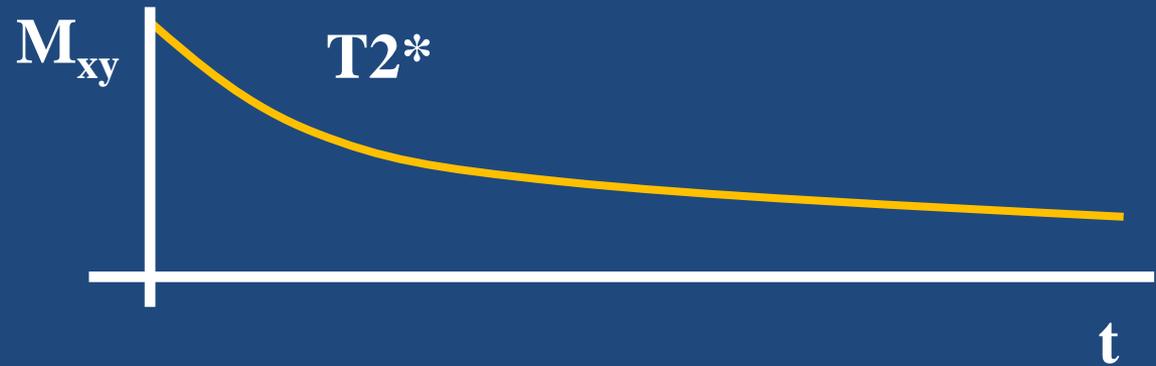
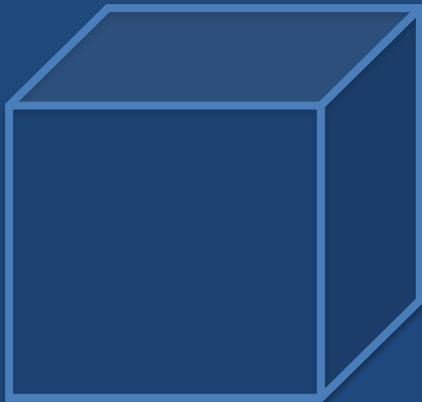
Image processing

Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report



# Biomarker validation

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

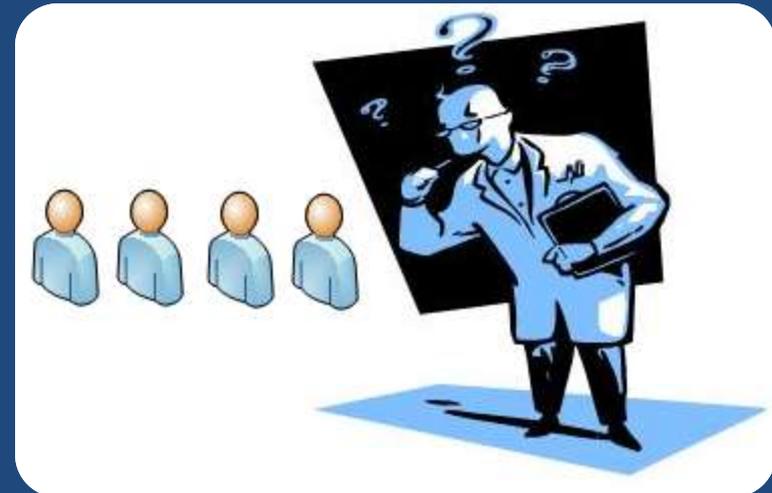
Proof of principle

Proof of efficacy and effectiveness

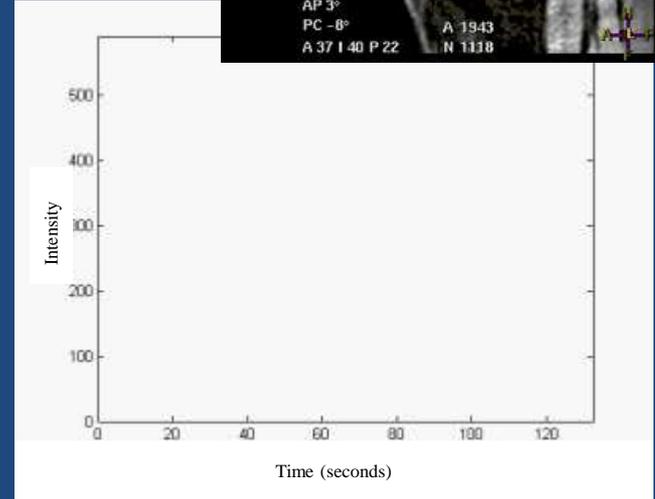
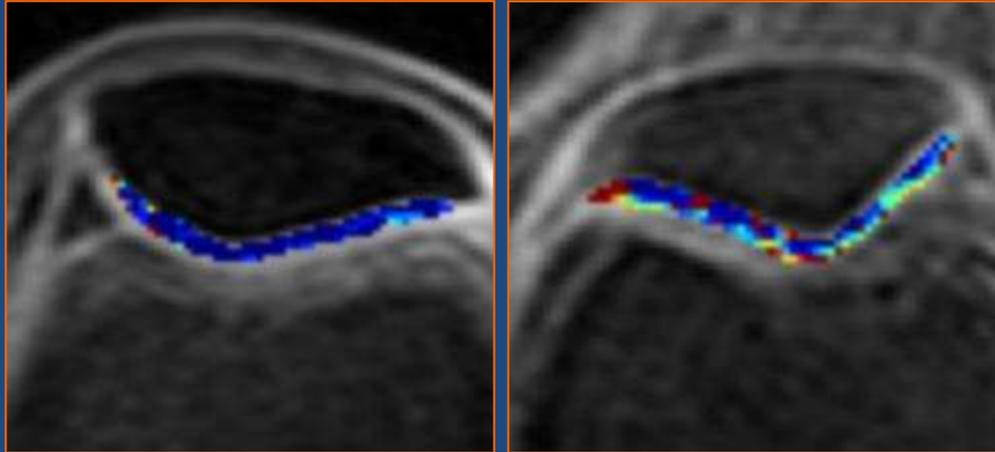
Structured report

## *Proof of Principle*

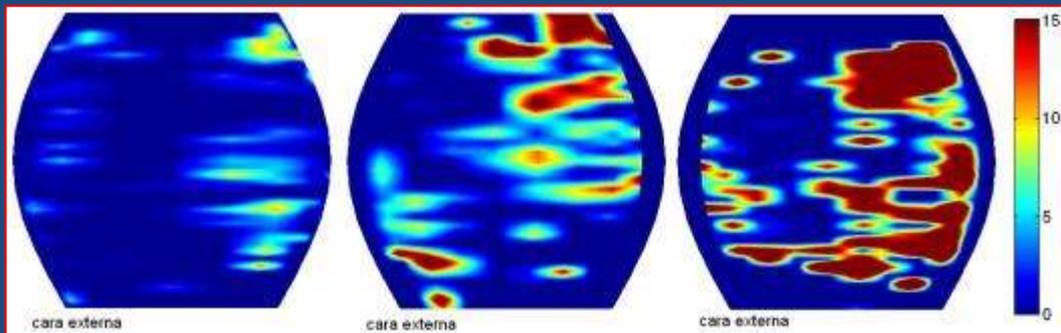
Validate the proof of concept and the proof of mechanism, which are both theoretical, in a small sample (case-control), before embarking on large-scale clinical trials.



# Biomarkers Image



## Permeability (Ktrans) parametric maps



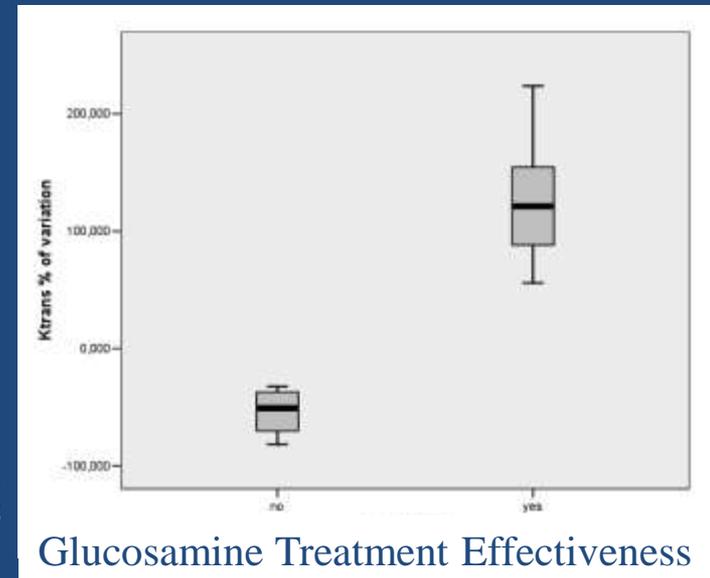
Normal

Intermediate

Advanced

Sanz R, Martí-Bonmatí L, et al. J Magn Reson Imaging. 2008; 27:171-7.

Martí-Bonmatí L, Sanz R, et al. Eur Radiol 2009; ; 19:1512-1518



Glucosamine Treatment Effectiveness

# Biomarker validation

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

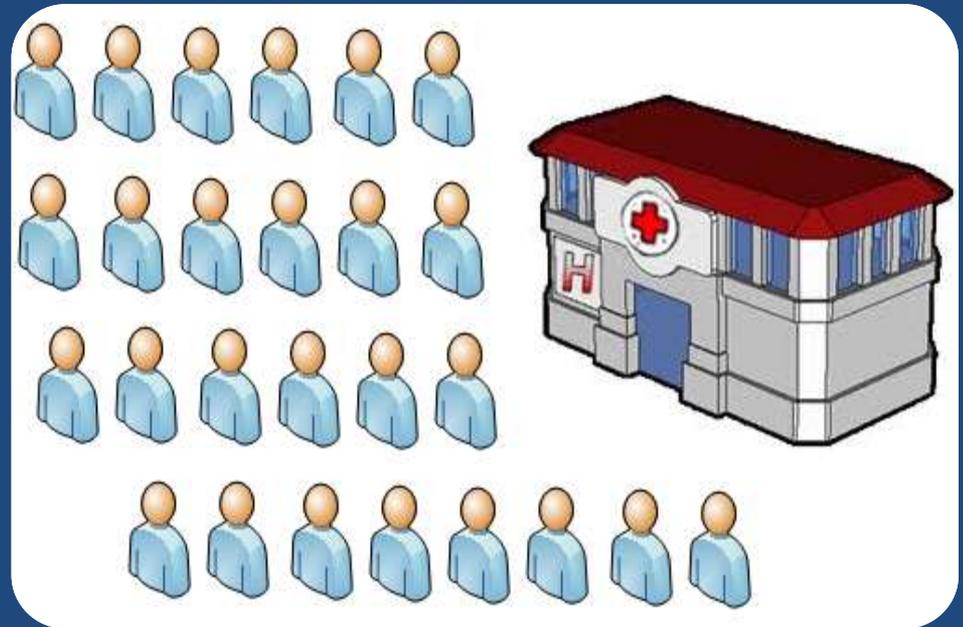
Proof of principle

Proof of efficacy and effectiveness

Structured report

## *Proof of Efficacy and Effectiveness*

Analyze the ability of the biomarker in large sample sizes, studying the power of health technology both under perfect control (efficacy) and under usual (effectiveness) conditions.



# Biomarker validation: Liver

Innovación y experiencia al servicio del paciente

Proof of concept    Proof of mechanism    Image acquisition    Image preparation    Image processing    Measurement    Proof of principle    **Proof of efficacy and effectiveness**    Structured report

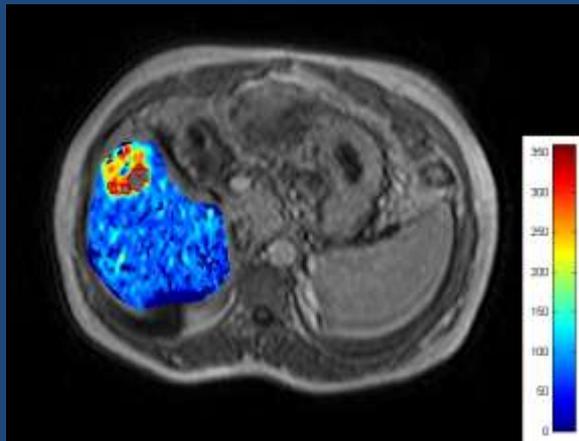
- Measurements are potentially useful for intra-center studies:
  - Longitudinal studies with/without treatment
  - Intra-center normality values
- Reproducibility analysis are generally included:
  - Image acquisition and analysis methods
  - Inter- and intra-observer variability



## But...

- Relatively few patients
- Lack of strong validation (clinical endpoints, anatomical-pathological proof, etc.)
- Difficulties for meta-analysis
- No true standards yet

**So there is still a lot to do for the...**



# The Radiological Report with Biomarkers

Innovación y experiencia al servicio del paciente

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

Measurement

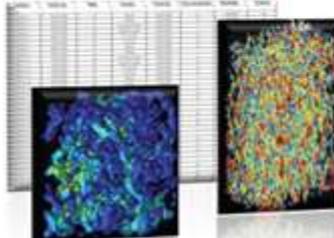
Proof of principle

Proof of efficacy and effectiveness

Structured report



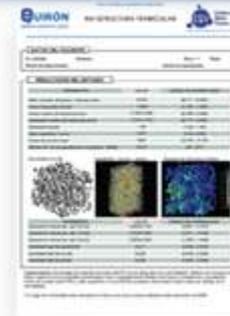
MySQL Database



Information:  
Images +  
data



HTML  
template



Quantitative  
Structured  
report



Radiological  
Structured  
report

## Structured Report

To innovate in clinical practice, the results provided by the biomarkers need to be conveyed in an intuitive way. The Structured Report (SR) must comprise complete and accurate information including the assessment of potential bias and a generalization of the results.

# The Radiological Report with Biomarkers: Cartilage

Proof of concept

Proof of mechanism

Image acquisition

Image preparation

Image processing

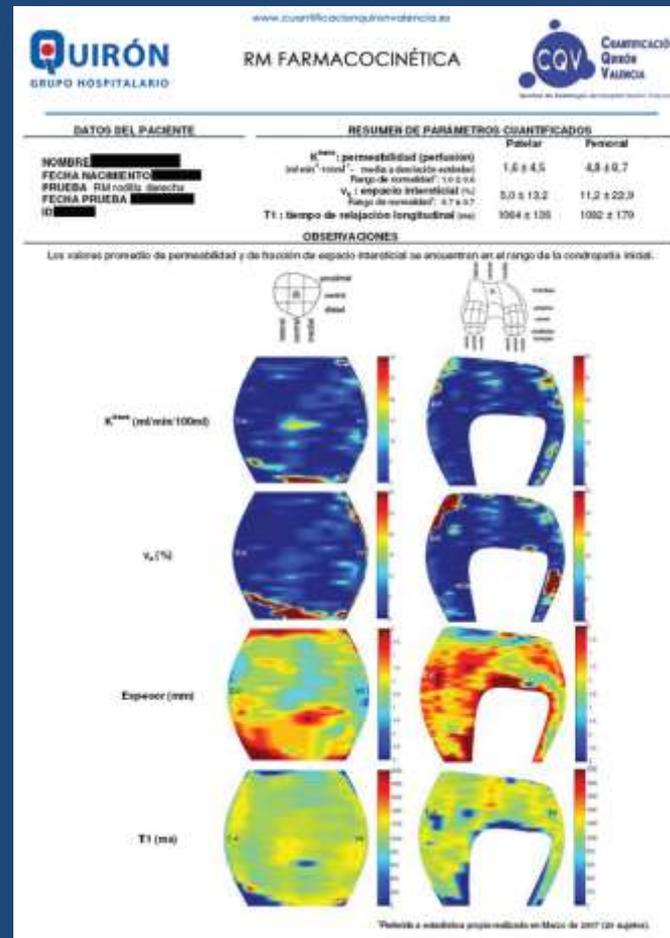
Measurement

Proof of principle

Proof of efficacy and effectiveness

Structured report

## Structured report



# The Radiological Report with Biomarkers:

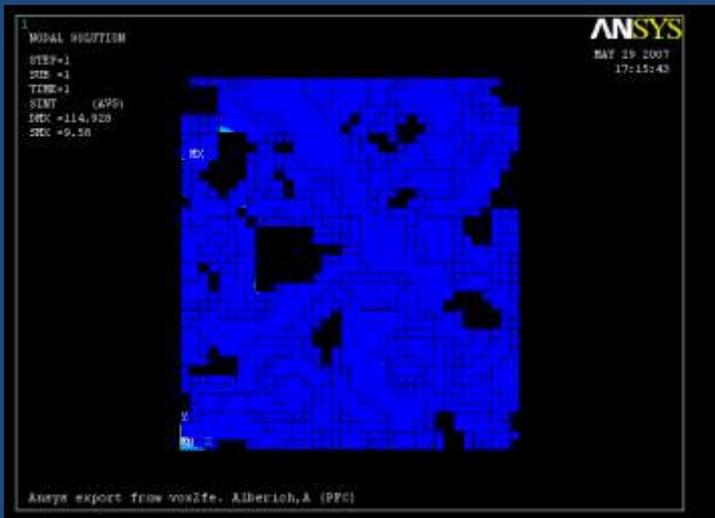
## Bone

VALENCIANA Hospital Universitari i Politécnic

Innovación y experiencia al servicio del paciente



### Structured report



DATOS DEL PACIENTE			
Numero:	M. Estudio:	Sexo:	Edad: 9
Prueba: RM TRABÉCULA	Fecha prueba:	Fecha nacimiento:	

RESULTADOS DEL ESTUDIO		
PARAMETRO	VALOR	RANGO DE NORMALIDAD*
Ratio volumen de hueso / volumen total	0.21	[0.21 ... 0.25]
Índice trabecular [1/mm]	1.15	[1.11 ... 1.32]
Grosor medio de trabécula [mm]	0.183 ± 0.003	[0.185 ... 0.194]
Separación media de trabéculas [mm]	0.755 ± 0.042	[0.776 ... 0.974]
Dimensión fractal 2D	1.58	[1.62 ... 1.75]
Dimensión fractal 3D	2.43	[2.20 ... 2.42]
Ratio superficie - curva	0.2	[0.20 ... 0.44]
Índice de erosión total	19.2	[9.83 ... 10.30]
Grado de anisotropía (DA)	1.13	[1.08 ... 1.11]
Módulo de Young aparente en compresión X (MPa)	102.19	[34.49 ... 77.57]
Módulo de Young aparente en compresión Y (MPa)	102.42	[32.45 ... 75.90]
Módulo de Young aparente en compresión Z (MPa)	201.57	[20.92 ... 240.31]

Corte representativa

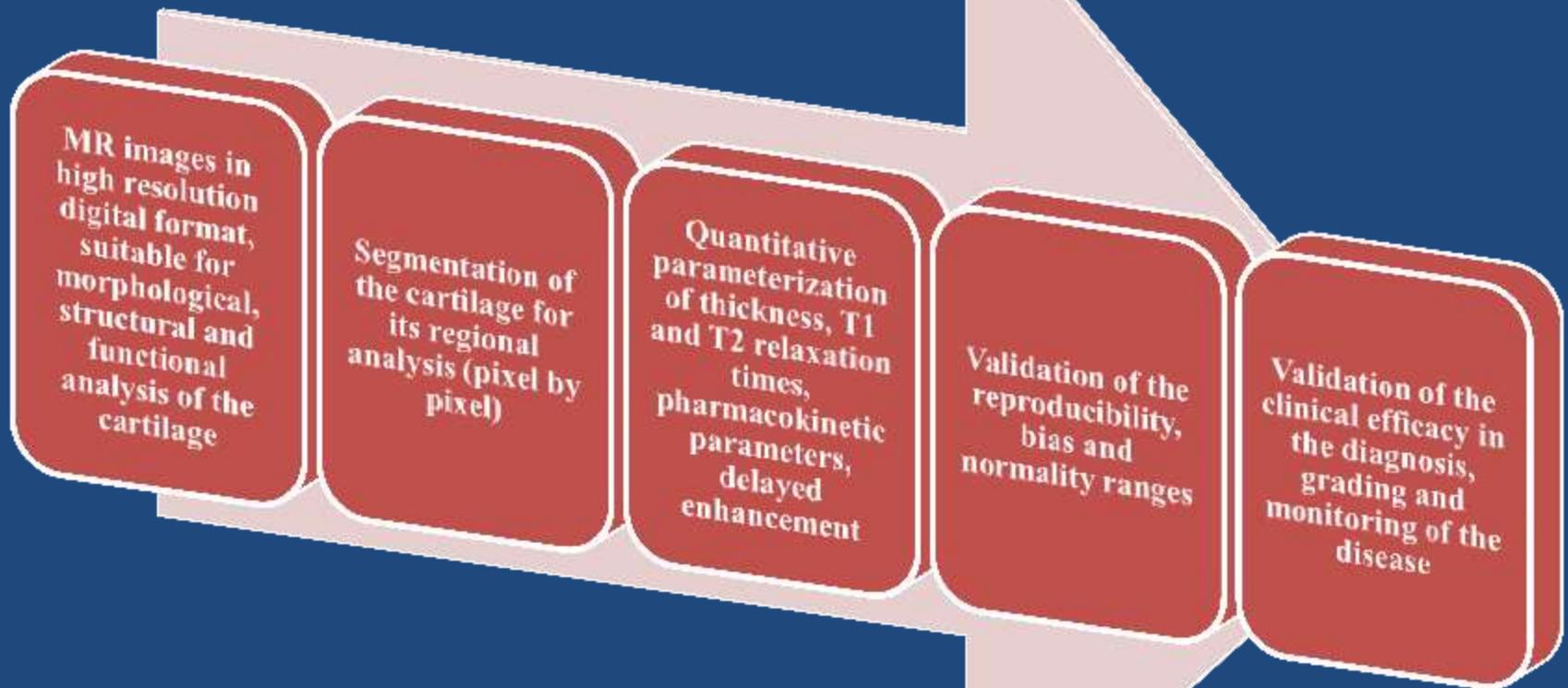
Reconstrucción 3D

Tensiones nodales (MPa)

**Conclusiones:** Porcentaje de volumen de hueso en el rango bajo de la normalidad\*. Complejidad ósea normal. Índice de erosión ósea aumentado.

\* Rango de normalidad calculado a partir de una serie propia de pacientes analizada hasta abril de 2009

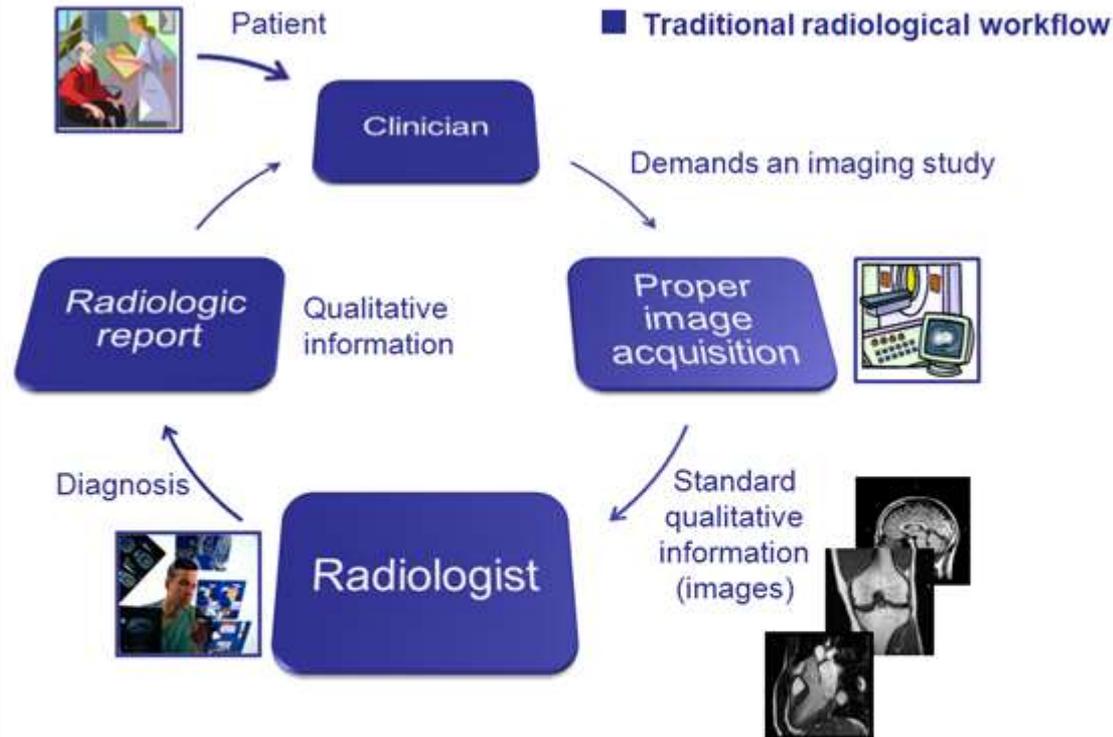
# Joint Cartilage Example



GENERALITAT VALENCIANA LaFe Hospital Universitari i Politècnic de Valencia

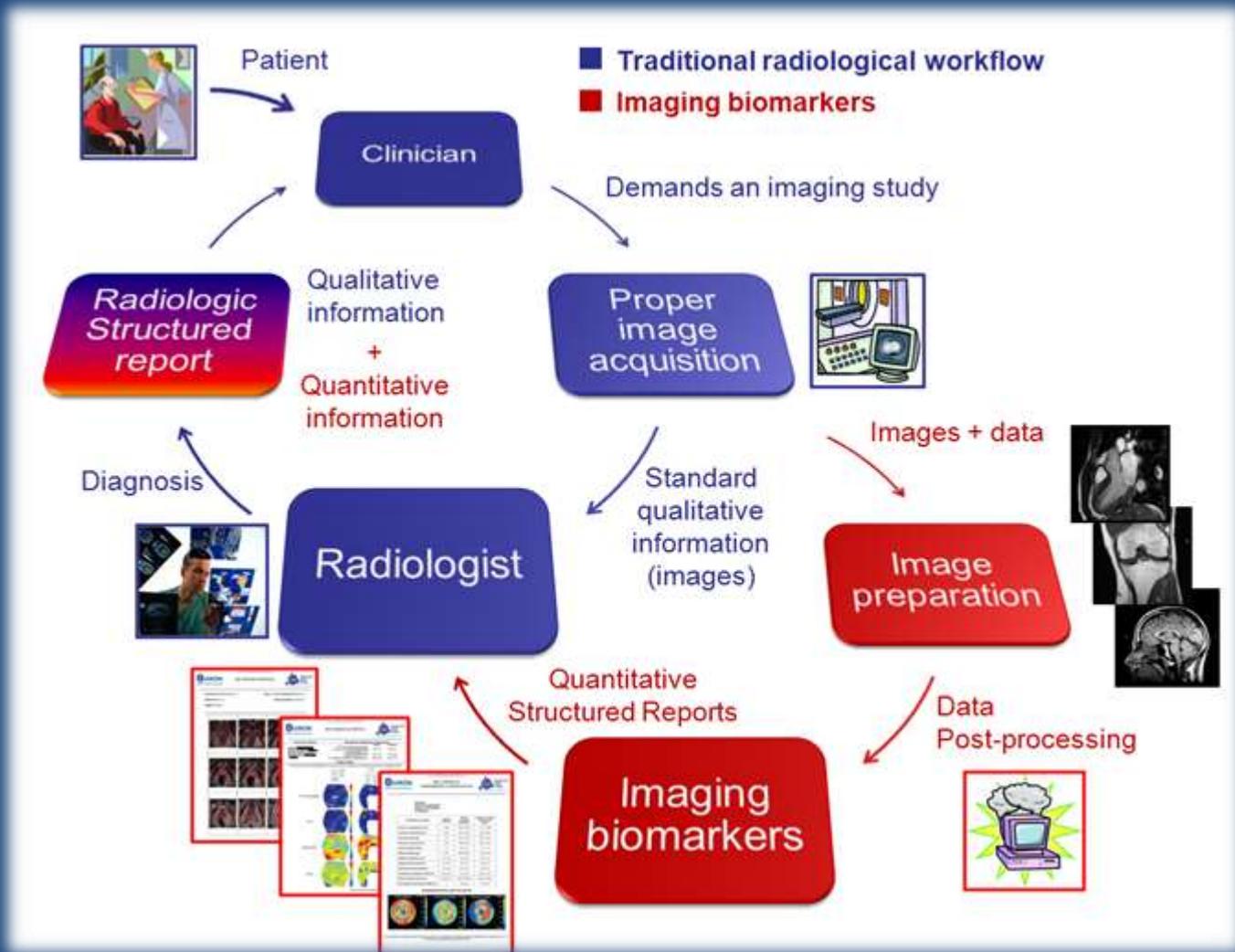
# *Biomarkers and Medical Imaging*

Innovación y experiencia al servicio del paciente



# Biomarkers and Medical Imaging

Innovación y experiencia al servicio del paciente

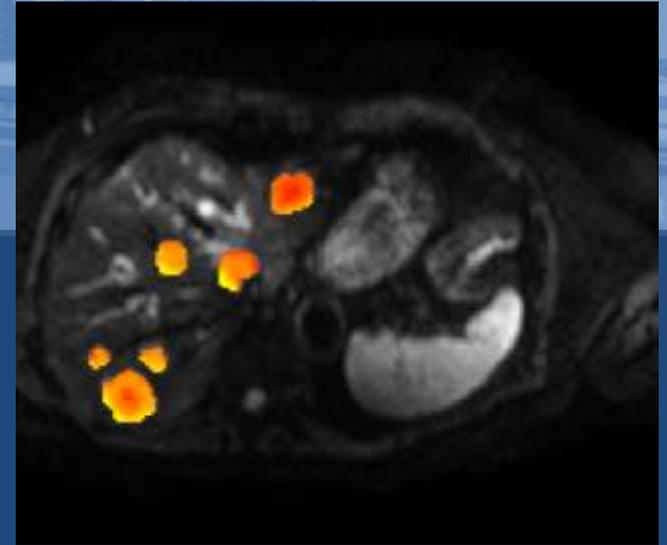


# Radiologic Workflows

Innovación y experiencia al servicio del paciente



# Conclusion



- ✓ Digital medical imaging and computer processing allow to extract parametrizable information that can be considered functional or structural imaging biomarkers.
- ✓ In clinical practice, these biomarkers can be of great interest because of the benefits they provide to the diagnostic, treatment and follow-up processes in numerous diseases.
- ✓ The integrity of imaging biomarkers cycle should be controlled from conception to implementation.
- ✓ The combination of digital imaging, contrast media and computer processing is some kind of magic, where the occult and mysterious becomes visible. Its ultimate goal is to achieve professional success, understood as excellence in personalized-care medicine.
- ✓ **All these advantages are the result of multidisciplinary work of different professionals who come together to provide a better patient care and a greater biological understanding of the diseases.**